

## Snoring and Obstructive Sleep Apnea Surgery Program

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| <b>INSTITUTE</b>           | University Hospitals Ear, Nose & Throat Institute                 |
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### Conditions Treated

- Snoring
- Obstructive sleep apnea
- Nasal obstruction
- Base of tongue hypertrophy
- Upper airway obstruction

### Therapies and Services

- Diagnostic sleep endoscopy (drug-induced sleep endoscopy)
- Expansion sphincter pharyngoplasty
- Palatal advancement pharyngoplasty
- Base of tongue resection/ablation
- Hyoid and base of tongue suspension
- Inspire therapy (hypoglossal nerve stimulator) to treat OSA
- Epiglottoplasty
- Treatment of snoring (UPPP, palatal stiffening procedures)
- Nasal procedures

### Distinguishing Features

- Multidisciplinary sleep therapy team, including ENT, sleep medicine and oral surgery
- Comprehensive upper airway evaluation with sleep endoscopy
- Individualized surgical approach for multilevel airway obstruction
- Office-based procedures for snoring

### About UH Cleveland Medical Center

At the core of University Hospitals' \$4 billion health system is UH Cleveland Medical Center, ranked among America's best hospitals by U.S. News & World Report. UH Cleveland Medical Center is home to some of the most prestigious clinical and research programs in the nation, including cancer, pediatrics, women's health, orthopedics, radiology, neuroscience, cardiology and cardiovascular surgery, digestive health, transplantation and genetics. Its main campus includes UH Rainbow Babies & Children's Hospital, ranked among the top children's hospitals in the nation; UH MacDonald Women's Hospital, Ohio's only hospital for women; and UH Seidman Cancer Center, part of the NCI-designated Case Comprehensive Cancer Center at Case Western Reserve University.