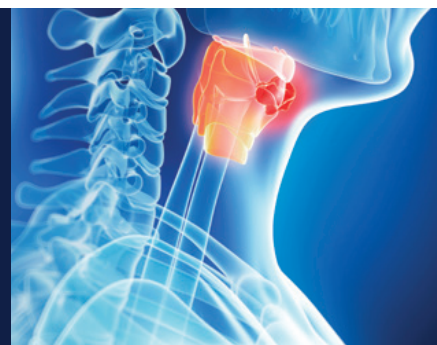


UCSF Voice and Swallowing Center

www.ucsfhealth.org/voiceandswallowing



TOP 10 IN THE NATION

UCSF Medical Center is one of the 10 best hospitals in the nation for ear, nose and throat conditions.



1 IN 25 ADULTS PER YEAR IN THE U.S. REPORT HAVING A SWALLOWING PROBLEM¹



+ 26 pairs of muscles
5 cranial nerves

= 1 SWALLOW²



17.9 MILLION ADULTS IN THE U.S.

Report problems with their voice³

WORLD-RENOWNED INTERDISCIPLINARY CENTER

- Our fellowship-trained laryngologists and speech-language pathologists are voice and swallowing specialists.
- We collaborate with neurologists, pulmonologists and gastroenterologists to deliver the most comprehensive and personalized care.
- Our team is committed to providing efficient access to our services and open lines of communication to you and your practice.

FULL RANGE OF VOICE, AIRWAY AND SWALLOWING CONDITIONS TREATED

Voice challenges:

- Age-related voice changes
- Laryngeal cancer
- Muscle tension dysphonia
- Professional voice challenges
- Scarred vocal folds
- Transgender voice and communication needs
- Vocal fold nodules or polyps or cysts
- Vocal fold paresis or paralysis

Breathing challenges:

- Bilateral vocal fold paralysis
- Laryngeal stenosis
- Paradoxical vocal fold motion disorder
- Subglottic stenosis
- Tracheal stenosis

Neurological voice, speech and swallowing disorders:

- Amyotrophic lateral sclerosis (ALS)/primary lateral sclerosis (PLS)/progressive bulbar palsy
- Parkinson's disease
- Spasmodic dysphonia
- Tremors of the larynx

MORE →

INFORMATION / REFERRALS

■ PHONE 415-885-7700 ■ FAX 415-885-7800

UCSF Health

INDICATIONS FOR REFERRAL

- Cancer of the throat
- Change in voice, including hoarseness, breathy voice, decreased loudness, loss of range, voice breaks and vocal tremor
- Chronic cough
- Difficulty breathing or noisy breathing
- Difficulty singing
- Difficulty swallowing, such as choking while eating or drinking, regurgitation of food or food getting caught in the throat when swallowing
- Pain with swallowing
- Pain with talking or singing
- Persistent throat pain

OUR SERVICES

- Acoustic and aerodynamic analysis of voice
- Botulinum toxin injections
- Electromyography (EMG) bio-feedback and muscle retraining
- Flexible endoscopic evaluation of swallowing (FEES)
- Flexible laryngoscopy
- Laryngeal EMG
- Laryngeal videostroboscopy
- Long-term support
- Nutritional assessment and counseling
- Professional voice and singing rehabilitation
- Rigid laryngoscopy
- Singing voice therapy
- Surgical microlaryngoscopy
- Swallowing rehabilitation
- Videofluoroscopic swallow study/modified barium swallow study
- Voice therapy

WHY REFER?

- Our professionals provide compassionate and individualized care that prioritizes patient safety and comfort.
- We offer access to a comprehensive team of subspecialists who are considered leaders in their fields and are specialists in caring for voice, swallowing and breathing disorders.
- UCSF Health provides exceptional continuum of care, including collaboration with neurologists and pulmonary physicians who address disorders of the upper airways.
- Our educational mission prioritizes the sharing of information and insights to ensure optimal outcomes.
- Our patients have access to clinical trials for new treatments that may not be available elsewhere.

OUR TEAM

Clark A. Rosen, MD
Chief, Division of Laryngology

VyVy N. Young, MD
Laryngologist

Sarah L. Schneider, MS, CCC-SLP
Director, Speech-Language Pathology

References: **1.** Bhattacharyya N. The prevalence of dysphagia among adults in the United States. *Otolaryngol Head Neck Surg.* 2014;151(5):765-769. **2.** Jaffee MK. Invisible disorder. The Post website. <https://post.health.ufl.edu/2017/03/21/8314/>. Published March 2017. Accessed October 17, 2018. **3.** Bhattacharyya N. The prevalence of voice problems among adults in the United States. *Laryngoscope.* 2014;124(10):2359-2362.

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