

# Bariatric Surgery to Treat Morbid Obesity

[www.ucsfhealth.org/bariatricsurgery](http://www.ucsfhealth.org/bariatricsurgery)



## BETTER PATIENT OUTCOMES

Through comprehensive care, high volumes and expertise

# 150+

PROCEDURES  
PERFORMED  
EACH YEAR

### BARIATRIC PROCEDURE RESULTS



During the first year  
after surgery



Of obesity-associated  
diseases such as diabetes



## OUR CENTER FEATURES THE LATEST ADVANCES IN SURGICAL WEIGHT-LOSS PROCEDURES

- Provides better outcomes as a result of our expertise and the experience that comes from performing more than 150 bariatric procedures each year.\*
- Offers a minimally invasive approach, resulting in reduced postoperative pain, fewer complications, shorter hospital stays and a faster return to normal activity.
- Comprises a multidisciplinary team of experienced surgeons and gastroenterology faculty supported by dietitians, nurse practitioners, nurses and physician assistants.

### WHEN TO REFER

- Bariatric surgery can be an effective treatment for morbid obesity, defined as:
  - Body mass index (BMI) of 40 or greater, or
  - BMI between 35 and 40 with any obesity-related comorbidity, such as hypertension, cardiovascular disease, diabetes mellitus or obstructive sleep apnea.

MORE →

\*Ballantyne GH, Belsley S, Stephens D, et al. Bariatric surgery: low mortality at a high-volume center. *Obes Surg.* 2008;18(6):660-667.

## INFORMATION / REFERRALS

■ PHONE 415-353-2804 ■ FAX 415-353-2505

**UCSF** Health

### EXPERTISE IN TREATING COMPLEX CASES

- The UCSF Bariatric Surgery Center's capabilities include providing bariatric procedures to obese patients with end-stage kidney or liver disease.
- We offer procedures to treat conditions associated with obesity, such as type 2 diabetes and obstructive sleep apnea.
- Our skilled surgeons can alter or repair an unsuccessful operation – known as revisional bariatric surgery – with minimal risk.
- We are accredited as a Comprehensive Center for Bariatric Surgery by the Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program.
- Comprehensive preoperative evaluation and postoperative follow-up are managed in close coordination with patients' primary care physicians and other specialists.

### OUR TEAM

**Stanley J. Rogers, MD, FACS**  
Director, Bariatric Surgery Center  
Bariatric surgeon

**John P. Cello, MD**  
Medical Director, Bariatric  
Surgery Center  
Gastroenterologist

**Jonathan Carter, MD**  
Bariatric surgeon

**Matthew Y.C. Lin, MD**  
Bariatric surgeon

**Andrew Posselt, MD, PhD, FACS**  
Co-director, Pancreatic Islet  
Transplantation Program  
Bariatric and transplant surgeon