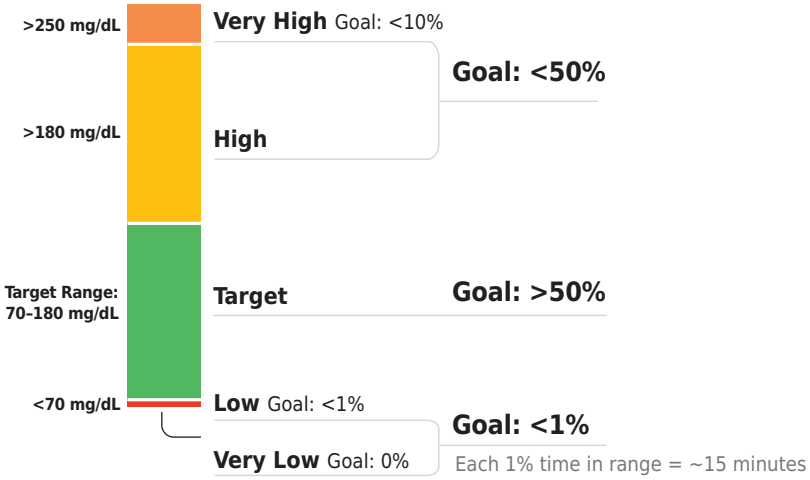
CGM GOALS FOR SPECIAL POPULATIONS

While there are standard CGM time in range (TIR) goals for most people with type 1 and type 2 diabetes*, there are adapted goals for **older/high risk individuals** and during **pregnancy.** TIR goals may be modified as needed.

Older/High-Risk: Type 1 & Type 2 Diabetes

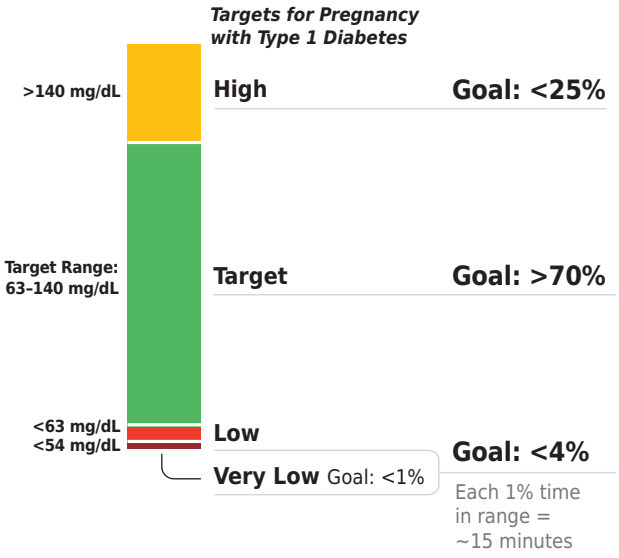


Considerations for Choosing Adapted CGM Goals in Older/High-Risk Individuals:

- Shorter life expectancy
- Cognitive and/or functional limitations
- Frailty/increased risk for falls
- Severe comorbidities
- Limited assistance/support
- Higher risk for hypoglycemia
- Individual needs and preferences

GOAL: More Green, No Red

Diabetes in Pregnancy



CGM Use in Pregnancy

- **Pregnancy with Type 1 Diabetes:**
  - CGM is recommended in pregnancies associated with type 1 diabetes in addition to blood glucose monitoring (BGM).
  - Achieving glucose targets is critical before, during, and after pregnancy.
  - Every 5% increase in TIR of 63-140 mg/dL reduces risks for pregnancy-related complications.
- **Pregnancy with Type 2 Diabetes or Gestational Diabetes:**
  - CGM may be used in addition to BGM for managing glucose in pregnancy with type 2 diabetes or gestational diabetes.
  - There is currently insufficient data to recommend a TIR goal for pregnancy with type 2 diabetes or gestational diabetes. However, it is recommended to have as much time as possible in the target range of 63-140 mg/dL.

***REMEMBER:**
Standard CGM TIR goals for most people with diabetes that are not pregnant or considered older/high risk

GOAL: More Green, Less Red

Glucose Range	Goal
>250 mg/dL	<5%
>180 mg/dL	<25%
70-180 mg/dL	>70%
<70 mg/dL	<4%
<54 mg/dL	<1%

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