

At the End of Life: Agency, Role, and Responsibilities of the Physician/Advanced Practitioner

SEPTEMBER 13-14, 2019

University of Washington Campus

Husky Union Building (HUB), North Ballroom

Seattle, WA



SPONSORED BY

end
OF *life* COALITION

WSMA Foundation
for Health Care Improvement

CO-SPONSORED BY

UW Medicine
DEPARTMENT OF
BIOETHICS & HUMANITIES

UW Medicine
CAMBIA PALLIATIVE CARE
CENTER OF EXCELLENCE

W
SCHOOL OF LAW
UNIVERSITY OF WASHINGTON

UW Medicine
SCHOOL OF MEDICINE
CONTINUING MEDICAL EDUCATION

WSMA Washington State
Medical Association



Course Description

Physicians and advanced practitioners have the privilege and duty to care for patients at the end of life. Sometimes their actions—including discontinuing life-support (including ventilators, cardiac devices, and dialysis), clinically supporting patients who voluntarily stop eating and drinking (VSED), providing palliative sedation, and, in states where it is legal, prescribing a lethal dose of medication to a dying patient—factor into a patient's death. These cases have clinical, legal, ethical, sociocultural, spiritual, and psychological dimensions that are often challenging for physicians and advanced practitioners to navigate.

At this conference, we'll set the stage for ongoing discussion of these practices and the issues physicians and advanced practitioners caring for dying patients often face, as both medical technology and patients' requests for planned death evolve.

The Washington End of Life Coalition—sponsored by the WSMA Foundation for Health Care Improvement—is partnering with the UW School of Medicine Department of Bioethics & Humanities, Cambia Palliative Care Center of Excellence at the University of Washington, and UW School of Law to present this national conference on the physician/advanced practitioner's agency, role and responsibilities at the end of life.

Course Objectives

Upon completion of this activity, attendees should be able to:

- Examine physicians' and advanced practitioners' personal and professional agency when responding to requests to take actions that will factor into a patient's death.
- Review the current medico-legal, institutional policy, and professional frameworks in which these actions exist.
- Identify practices to foster community among physicians and advanced practitioners who receive requests to take these actions.

Target Audience

This conference is aimed to engage a broad range of physicians and advanced practitioners including primary care providers, hospitalists, pulmonologists/intensivists, cardiologists, nephrologists, oncologists, geriatricians, palliative medicine specialists, pediatricians, and anyone else involved in the care of patients with life-limiting illness. Professionals from other disciplines, including law, ethics, psychology, and the clergy, will be featured as speakers and are invited to attend, along with other healthcare professionals and members of the general public.

Joshua Benditt, MD

Professor of Medicine
Division of Pulmonary, Critical Care
& Sleep Medicine
Adjunct Professor of Rehabilitation Medicine
University of Washington School of Medicine
Seattle, WA

Catherine Butler, MD

Senior Fellow and Acting Instructor,
Division of Nephrology
Department of Medicine
University of Washington School of Medicine
Seattle, WA

Lewis M. Cohen, MD

Professor, Department of Psychiatry
University of Massachusetts Medical
School-Baystate
Springfield, MA

J. Randall Curtis, MD, MPH

Professor of Medicine
Director, Cambia Palliative Care Center
of Excellence at UW Medicine
A. Bruce Montgomery - American Lung
Association Endowed Chair in Pulmonary
and Critical Care Medicine
Harborview Medical Center
Seattle, WA

Denise Dudzinski, PhD, MTS

Professor & Chair
Department of Bioethics & Humanities
University of Washington School of Medicine
Seattle, WA

Linda Ganzini, MD, MPH

Associate Director
Health Services Research & Development
Center of Innovation
VA Portland Health Care System
Portland, OR

Barak Gaster, MD, FACP

Professor of Medicine
Division of General Internal Medicine
University of Washington School of
Medicine Seattle, WA

Judith Gordon, PhD

Clinical Professor
Department of Psychology
University of Washington School of Medicine
Seattle, WA

James Kirkpatrick, MD

Associate Professor of Medicine
Division of Cardiology
University of Washington School of Medicine
Seattle, WA

Lindy Klaff, MD, FCCP

Pulmonology/Critical Care Medicine
EvergreenHealth Pulmonary and Critical Care
Kirkland, WA

Patricia Kuszler, MD, JD

Professor & Associate Dean
School of Law
University of Washington
Seattle, WA

Daniel Lam, MD

Clinical Assistant Professor
Division of Nephrology
Harborview Medical Center
Seattle, WA

Joseph McCreery, MD

Volunteer, Consulting Physician
and Board Member
End of Life Washington
Seattle, WA

Course Chairs

Hope Wechkin, MD, Chair

Medical Director
EvergreenHealth Hospice
and Palliative Care
Kirkland, WA

Sally McLaughlin, MA, Co-Chair

End of Life Coalition
Seattle, WA

Laura J. Morrison, MD, FAAHPM, FACP

Associate Professor of Medicine (Geriatrics)
Director of Palliative Medicine Education
Director, Hospice and Palliative
Medicine Fellowship
Yale Palliative Care Program
New Haven, CT

Danielle Ofri, MD, PhD, D Litt(Hon), FACP

Bellevue Hospital
Clinical Professor of Medicine
NYU School of Medicine
Editor-in-Chief, Bellevue Literary Review
New York, NY

Aasim Padela, MD, MSc

Associate Professor of Medicine
Director of the Program on Medicine
and Religion
University of Chicago
Chicago, IL

Kayhan Parsi, JD, PhD

Professor and Graduate Program Director
Neiswanger Institute for Bioethics
Loyola University Chicago Stritch
School of Medicine
Maywood, IL

Thaddeus Pope, JD, PhD

Professor of Law
Mitchell Hamline School of Law
St. Paul, MN

Timothy E. Quill MD, MACP, FAAHPM

Professor of Medicine, Psychiatry, Medical
Humanities and Nursing
Palliative Care Division, Department of Medicine
University of Rochester School of Medicine
Rochester, NY

Barbara Reich, JD

Professor of Law
Western New England University School of Law
Springfield, MA

Rabbi Rami Shapiro, PhD

Senior Advisor, Co-Founder
One River Foundation
Murfreesboro, TN

Bruce Smith, MD, MACP

Hospice Medical Director
Providence Home and Community Care
Seattle, WA

Donna Smith, MD, MBA

Executive Medical Director
Virginia Mason
Seattle, WA

Gregg VandeKieft, MD, MA

Medical Director, Palliative Care
Providence St. Peter Hospital
Olympia, WA
Associate Medical Director,
Institute for Human Caring
Providence St. Joseph Health
Gardena, CA

Mark Vossler, MD

Chairman, Cardiology Section
EvergreenHealth Heart and Vascular Care
Kirkland, WA

Eric Walsh, MD

Professor of Medicine Emeritus
Associate Professor of Family
Medicine Emeritus
Medical Director of House Call
Providers Hospice
Oregon Health & Science University
Portland, OR

Haider Warraich, MD

Fellow, Advanced Heart Failure and
Transplant Cardiology
Duke University Medical Center
Durham, NC

Aaron Wightman, MD, MA

Assistant Professor
Department of Pediatrics
Divisions of Nephrology and Bioethics
and Palliative Care
University of Washington School of Medicine
Treuman Katz Center for Pediatric Bioethics
Seattle Children's Hospital
Seattle, WA



Conference Agenda

FRIDAY, SEPTEMBER 13

7:30 am	Registration and Continental Breakfast
8:15 am	Welcome and Introduction Hope Wechkin, MD
8:30 am	Beauty, Meaning, and Agency at the End of Life Haider Warraich, MD
9:20 am	Case Conference: Discontinuation of Ventilatory Support <i>Panelists:</i> Joshua Benditt, MD; J. Randall Curtis, MD, MPH; and Rami Shapiro, PhD <i>Moderator:</i> Lindy Klaff, MD, FCCP
10:35 am	BREAK
11:00 am	Case Conference: Discontinuation of Cardiac Devices <i>Panelists:</i> Laura Morrison, MD, FAAHPM, FACP; James Kirkpatrick, MD; and Barbara Reich, JD <i>Moderator:</i> Mark Vossler, MD
12:15 pm	LUNCH
1:30 pm	Storytelling in Medicine: The Passion and the Peril Danielle Ofri, MD, PhD, D Litt (Hon), FACP
2:20 pm	Case Conference: Discontinuation of Dialysis <i>Panelists:</i> Daniel Lam, MD; Lewis M. Cohen, MD; and Aaron Wightman, MD, MA <i>Moderator:</i> Catherine Butler, MD
3:35 pm	BREAK
4:00 pm	Summary Panel and Audience Discussion <i>Panelists:</i> Haider Warraich, MD; Denise Dudzinski, PhD, MTS; Pat Kuszler, MD, JD; and Rami Shapiro, PhD <i>Moderator:</i> Hope Wechkin, MD
4:45 pm	ADJOURN





Conference Agenda

SATURDAY, SEPTEMBER 14

7:45 am	Sign-In and Continental Breakfast
8:30 am	Keepers of the Balance: The Physician's Mantle Aasim Padela, MD, MSc
9:20 am	Case Conference: Physician/Advanced Practitioner Support for Voluntary Stopping of Eating and Drinking <i>Panelists:</i> Timothy E. Quill, MD, MACP, FAAHPM; Linda Ganzini, MD, MPH; and Thaddeus Pope, JD, PhD <i>Moderator:</i> Gregg VandeKieft, MD, MA
10:35 am	BREAK
11:00 am	Case Conference: Physician Participation in Physician-Assisted Death <i>Panelists:</i> Eric Walsh, MD; Thaddeus Pope, JD, PhD; and Judith Gordon, PhD <i>Moderator:</i> Bruce Smith, MD, MACP
12:15 pm	LUNCH
1:30 pm	Case Conference: Palliative Sedation <i>Panelists:</i> Timothy E. Quill, MD, MACP, FAAHPM; Barbara Reich, JD; and Kayhan Parsi, JD, PhD <i>Moderator:</i> Donna Smith, MD, MBA
2:45 pm	BREAK
3:00 pm	Summary Panel and Audience Discussion <i>Panelists:</i> Denise Dudzinski, PhD, MTS; Barak Gaster, MD, FACP; Pat Kuszler, MD, JD; and Joseph McCreery, MD <i>Moderator:</i> Hope Wechkin, MD
4:00 pm	Hippocrates and the Rabbis: Doing No Harm vs. Being a Blessing Rami Shapiro, PhD
4:45 pm	ADJOURN

CME Credit

Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation

The University of Washington School of Medicine designates this live activity for a maximum of 12.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

UW Medicine
SCHOOL OF MEDICINE
CONTINUING MEDICAL EDUCATION



Registration

REGISTER ONLINE AT
UW.CLOUD-CME.COM/AEOL.

COURSE FEES

MD/DO/PhD/ARNP/PA/JD	\$425
All Other Disciplines	\$375
Resident/Fellow/Student*	\$200

** Resident/Fellow/Student rate requires written confirmation of current status
Walk-in registrations incur a \$25 administrative fee and are available as space allows.*

Allow up to fifteen working days to receive your registration confirmation email. If you have not received confirmation prior to your departure for the course, please contact the CME office at 206.543.1050. Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed if space is not available at the course.

UW CME is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. The course fees are estimated to include transcript of *AMA PRA Category 1 Credits™*, access to online instruction materials, catering, taxes, faculty planning and salaries, venue and logistics.

The UW Office of Continuing Medical Education must receive written notification of your cancellation by August 30, 2019. A \$75.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued following August 30, 2019.

Hotel Accommodations

The following hotels are located near the conference site. To make reservations, please call the hotels directly or book directly online. No room block has been reserved.

Watertown Hotel

4242 Roosevelt Way NE
Seattle, WA 98105
206.826.4242 or
866.944.4242

Ask for the "University" rate.

Silver Cloud Inn

5036 25th Avenue NE
Seattle, WA 98105
206.526.5200 or
800.205.6940

Ask for "UW CME Conference" rate.

Residence Inn by Marriott

4501 12th Avenue NE
Seattle, WA 98105
206.322.8887 or
888.236.2427

*Online reservations only:
under "Special Rates," select
"Corporate/Promo," and enter
code "UWD."*