

# Brief Resolved Unexplained Event (BRUE)

**Inclusion criteria:**

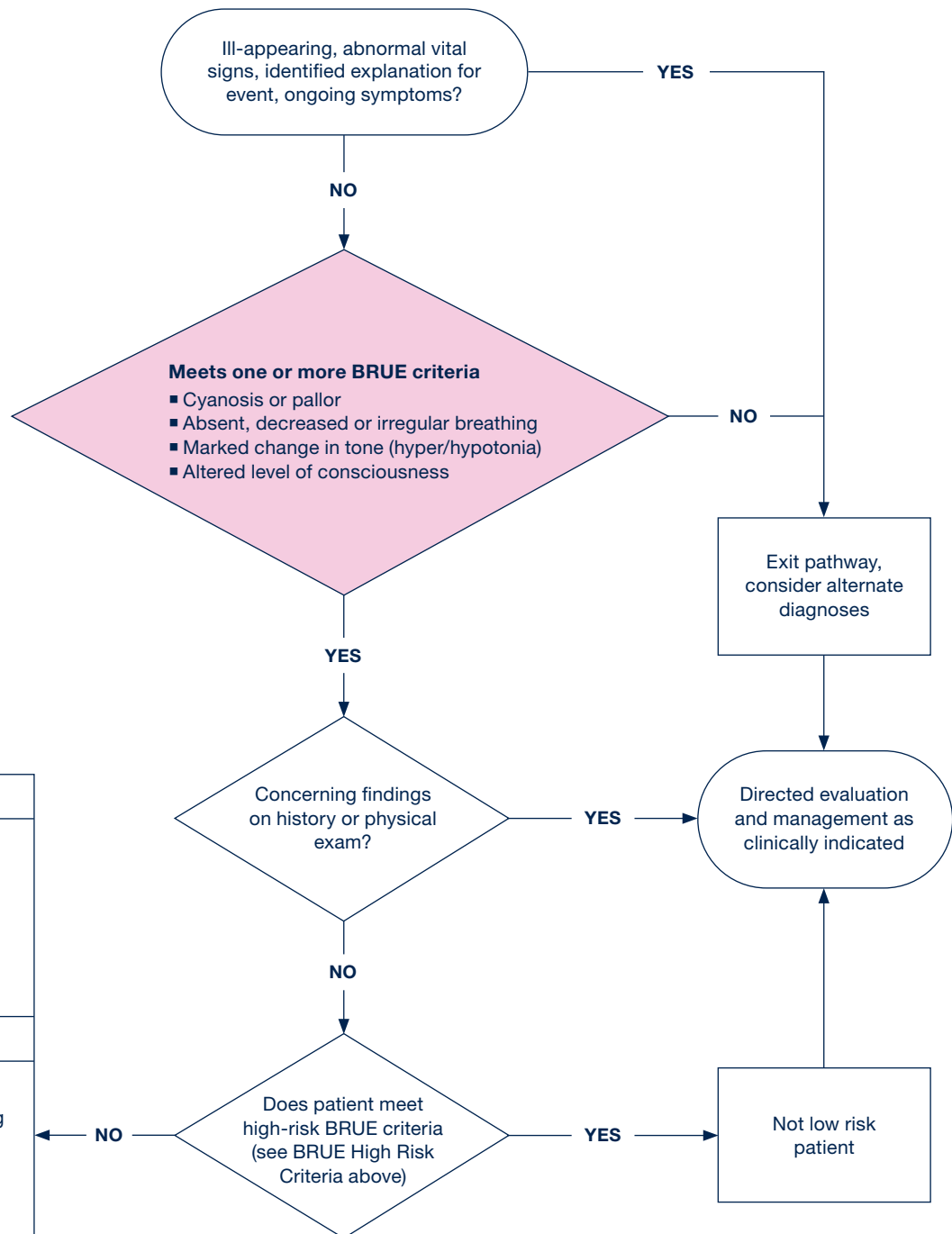
- < 1-year-old with brief, resolved, unexplained event

**Exclusion criteria:**

- Significant underlying medical condition
- Not at baseline at time of evaluation

**BRUE High Risk Criteria (any one of below)**

- Age < 60 days
- Gestational age < 32 weeks and corrected gestation age < 45 weeks
- > 1 prior event
- Event lasted > 1 minute
- CPR by trained medical provider



<b>Not necessary</b>
<ul style="list-style-type: none"> <li>■ Routine lab or diagnostic testing</li> <li>■ Initiating home cardio-respiratory monitoring</li> <li>■ Medications for GER or seizures</li> <li>■ Admission solely for cardio-respiratory monitoring</li> </ul>
<b>Lower risk patient</b>
<ul style="list-style-type: none"> <li>■ Educate caregivers about BRUE</li> <li>■ Engage in shared decision making</li> <li>■ Ensure close follow-up</li> <li>■ Observe patient in ED for 1-2 hours on continuous pulse ox and PO trial</li> </ul>
<b>Consider if clinically indicated</b>
<ul style="list-style-type: none"> <li>■ 15 lead EKG</li> <li>■ Pertussis PCR, treat empirically if high level of suspicion</li> </ul>