

UW Medicine

UW SCHOOL
OF MEDICINE

ENDOCRINOLOGY UPDATE FOR PRIMARY CARE



Friday & Saturday

January 4-5, 2019

University of Washington Campus
HUB North Ballroom
Seattle, WA

Sponsored by UW School of Medicine
Division of Metabolism, Endocrinology & Nutrition
Office of Continuing Medical Education

TARGET AUDIENCE

This course is designed for primary care providers including family practice physicians, internists, physician assistants, advanced nurse practitioners, nurses and anyone with interest in endocrine and diabetes care.

COURSE DESCRIPTION

This is a comprehensive 1.5 day course on principles of endocrinology and diabetes geared towards primary care providers. There is an ongoing immense need for education in these areas as there have been vast changes in the field of endocrinology over the past decade. Primary care providers often are faced with diagnosing many endocrine conditions such as thyroid disorders, treatment of calcium disorders, osteoporosis as well as diabetes and obesity. This course aims to provide a broad update on current strategies in endocrine disease management. Highlighted offerings on day one include plenary lectures on management of thyroid nodules, osteoporosis update and workshops with interactive case management discussions. Current issues on transgender care, management of obesity with a half day focus on diabetes and obesity. This part of the program will provide timely information on new clinical trial data and address use of new therapeutic strategies in diabetes.

COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to:

- Recognize and treat common thyroid disorders
- Interpret abnormal thyroid function tests
- Discuss diagnosis and treatment of calcium disorders and osteoporosis
- Appropriately care for transgender individuals
- Recognize the role of medication in the management of obesity
- Discuss new therapeutics and cost issues in treatment of diabetes

ACCREDITATION

Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



Credit Designation

The University of Washington School of Medicine designates this live activity for a maximum of 11 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

FEES AND REGISTRATION

MD/DO/PhD	\$325
Allied Health	\$275
* Resident/Fellow	\$150

** Residency/Fellowship will require written confirmation of current status*

The UW CME office is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. The course fees are estimated to include transcript of AMA PRA Category 1 Credits™, access to online instruction materials, catering, taxes, faculty planning and salaries.

To enroll, please complete the enclosed registration form and include payment or register online at uwcm.org. Allow up to fifteen working days to receive your email confirmation of enrollment. If you have not received confirmation prior to your departure for the course, please contact the CME office at 206.543.1050. Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed if space is not available at the course.

Walk-in registrations incur a \$25 administrative fee

ONLINE CONFERENCE MATERIALS

Syllabus material will be available online at uwcme.org (for conference registrants only) starting on **December 28, 2018**. Registrants may print and/or download the materials. A handout with the agenda and pages for note-taking will be provided at the conference (printed handouts of presentations will not be provided).

ATTENDANCE POLICY

Course activities are exclusively reserved for course attendees. Badges provided at registration are required for entrance into all functions and will be strictly enforced. Please do not bring infants/children into conference sessions. Please inform the CME Office ten days in advance of the conference start date if you will need to utilize lactation services.

CANCELLATION POLICY

The Office of Continuing Medical Education must receive written notification of your cancellation by **December 21, 2018**. A \$75.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued following **December 21, 2018**. The Office of Continuing Medical Education reserves the right to cancel this course twenty days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified by telephone followed by written notification and a full refund. The University of Washington is not responsible for any other costs incurred such as non-refundable airline tickets or hotel penalties. Contact the CME Office with questions: call 206.543.1050, fax 206.221.4525 or email cme@uw.edu.

SPECIAL SERVICES/ACCOMMODATION

UW CME takes into consideration diverse nutritional preferences and restrictions when planning our complimentary menu. However, those individuals who might find that our menu is not completely aligned to their specific nutritional needs are welcome to bring their own food items. Please notify the CME office if you have dietary restrictions.

The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, sexual orientation, age, marital status, disability, or status as a disabled veteran or Vietnam era veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation please contact the Disability Services Office at least ten days in advance. 206.543.6450/Voice • 206.543.6452/TTY • 206.685.7264/Fax • e-mail: dso@uw.edu

ACCOMMODATIONS

The following hotels are located near the conference site. To make reservations, please call the hotels directly.

Watertown Hotel

4242 Roosevelt Way NE
Seattle, WA 98105
206.826.4242 or 866.944.4242
Rates depend on availability
Ask for the "UNIVERSITY" rate

Silver Cloud Inn

5036 25th Avenue NE
Seattle, WA 98105
206.526.5200 or 800.205.6940
Rates depend on availability
Ask for "UW CME Conference" rate

Residence Inn by Marriott

4501 12th Ave NE
Seattle, WA 98105
206.322.8887 or 888.236.2427
Rates depend on availability
Online reservations only -
under "Special Rates" select
"Corporate/Promo" and enter
code UWD

COURSE CHAIR

Savitha Subramanian, MD
Associate Professor
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Division of Metabolism,
Endocrinology & Nutrition

UW FACULTY

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Lorena Alarcon-Casas Wright, MD
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Division of Metabolism,
Endocrinology & Nutrition

**Thyroid
Disorders**

7:30 Registration and Continental Breakfast

8:00 Common Thyroid Disorders - Tips and Tricks
Savitha Subramanian, MD

8:45 You Found a Thyroid Nodule: Now What?
Tracy Tylee, MD

**Calcium &
Bone**

9:30 Osteoporosis Update 2019
Radhika Narla, MD

10:15 Break

10:30 Management of Hyperparathyroidism for the Primary Care
Provider
Anthony DeSantis, MD

**Potpourri:
Current Issues**

11:15 Hirsutism: Pearls for Diagnosis and Management
Subbulaxmi Trikudanathan, MD

12:00 Lunch (provided)

1:15 Management of Transgender Individuals in Primary Care
Lorena Wright, MD

2:00 Challenges in Primary Care: Statin Intolerance
Savitha Subramanian, MD

2:40 Transition to Workshops (choose two)

A. Puzzling Thyroid Function Tests
Kate Weaver, MD

B. Abnormal Testosterone Levels: Case Studies
Arthi Thirumalai, MD

C. Hypoglycemia: What's Real and What's Not
Brent Wisse, MD

3:00 Workshop Session 1

3:45 Break

3:55 Workshop Session 2

4:40 Adjourn

Saturday, January 5, 2019

**Diabetes and
Obesity**

- 7:30 **Sign-In and Continental Breakfast**
- 8:00 Evidence Based Therapies in Diabetes – What You Should Know in 2019
Irl Hirsch, MD
- 8:45 Surgical Management of Obesity
Saurabh Khandelwal, MD
- 9:30 Management of the Post-Bariatric Surgery Patient
Judy Chen, MD
- 10:15 **Break**
- 10:30 Making Sense of Diets for Weight Loss – Low Fat, Low Carb, Ketogenic, Fasting
Alison Evert MS, RD, CDE
- 11:15 Use of Technology in Diabetes
Faaiza Alibhai, PharmD
- 11:45 Insulin Tactics in Primary Care
Savitha Subramanian, MD
- 12:30 **Adjourn**



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MJ1910

COURSE FEES

MD/DO/PhD	\$325.00
Allied Health	\$275.00
*Resident/Fellow	\$150.00

REGISTRATION

First	MI	Last
Professional Title <input type="checkbox"/> MD <input type="checkbox"/> DO <input type="checkbox"/> PhD <input type="checkbox"/> RN <input type="checkbox"/> ARNP <input type="checkbox"/> PA <input type="checkbox"/> Other:		
Street		
City	State	Zip
Phone () -	Email	

PAYMENT **Residency Program, if applicable*

<input type="checkbox"/> Check (payable to University of Washington) for \$

<input type="checkbox"/> Credit Card charge \$	<input type="checkbox"/> Visa	<input type="checkbox"/> MC	<input type="checkbox"/> Discover	<input type="checkbox"/> AMEX
Card #	Exp Date		Billing Zip	
Signature	CV #			

<input type="checkbox"/> UW Budget	Budget Name	Budget #
Box #	Proj	Opt
		Task

WORKSHOPS (Select 2 sessions)	
Session 1	<input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C
Session 2	<input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C

RETURN COMPLETED REGISTRATIONS

MAIL:

UWCME

Box 359558

Seattle, WA 98195-9558

FAX:

206.221.4525

CALL:

206.543.1050

Register online at uwcme.org

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Box 359558
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REGISTER ONLINE
uwcmce.org

Visit the conference website for
more details and registration