



SUBURBAN HOSPITAL

JOHNS HOPKINS MEDICINE

Hand Hygiene for Physicians and Other Providers

Hand Hygiene Compliance

Secret observers watch for the following actions:

- Evidence of hand hygiene before entering a patient room AND leaving a patient room
 - Wash hands with soap and water for 15 seconds
OR
 - Apply alcohol hand sanitizer to all hand surfaces

Note: If you wash hands in the patient room, observers may not see you. Apply hand sanitizer on the way out.

Use of Gloves

- Clean hands before donning clean or sterile gloves
- Clean hands after removing gloves
- Rationale- gloves do not prevent hands from becoming contaminated and transmitting organisms to the next patient

Moisturizing Hands

- During the winter months skin can become more dry and cracked.