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Evinacumab in severe hypertriglyceridemia with or without lipoprotein lipase pathway mutations: a phase 2 randomized trial

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Robert S. Rosenson $\mathbb{O}^1 \boxtimes$, Daniel Gaudet², Christie M. Ballantyne \mathbb{O}^3 , Seth J. Baum \mathbb{O}^4 , Jean Bergeron⁵, Erin E. Kershaw⁶, Patrick M. Moriarty⁷, Paolo Rubba⁸, David C. Whitcomb⁹, Poulabi Banerjee¹⁰, Andrew Gewitz¹⁰, Claudia Gonzaga-Jauregui \mathbb{O}^{10} , Jennifer McGinniss¹⁰, Manish P. Ponda¹⁰, Robert Pordy \mathbb{O}^{10} , Jian Zhao¹⁰ & Daniel J. Rader \mathbb{O}^{11}

Severe hypertriglyceridemia (sHTG) is an established risk factor for acute pancreatitis. Current therapeutic approaches for sHTG are often insufficient to reduce triglycerides and prevent acute pancreatitis. This phase 2 trial (NCT03452228) evaluated evinacumab (angiopoietin-like 3 inhibitor) in three cohorts of patients with sHTG: cohort 1, familial chylomicronemia syndrome with bi-allelic loss-of-function lipoprotein lipase (LPL) pathway mutations (n = 17); cohort 2, multifactorial chylomicronemia syndrome with heterozygous loss-of-function LPL pathway mutations (n = 15); and cohort 3, multifactorial chylomicronemia syndrome without LPL pathway mutations (n = 19). Fifty-one patients (males, n = 27; females, n = 24) with a history of hospitalization for acute pancreatitis were randomized 2:1 to intravenous evinacumab 15 mg kg⁻¹ or placebo every 4 weeks over a 12-week double-blind treatment period, followed by a 12-week single-blind treatment period. The primary end point was the mean percent reduction in triglycerides from baseline after 12 weeks of evinacumab exposure in cohort 3. Evinacumab reduced triglycerides in cohort 3 by a mean (s.e.m.) of -27.1% (37.4) (95% confidence interval -71.2 to 84.6), but the prespecified primary end point was not met. No notable differences in adverse events between evinacumab and placebo treatment groups were seen during the double-blind treatment period. Although the primary end point of a reduction in triglycerides did not meet the prespecified significance level, the observed safety and changes in lipid and lipoprotein levels support the further evaluation of evinacumab in larger trials of patients with sHTG. Trial registration number: ClinicalTrials.gov NCT03452228.

sHTG is a well-established risk factor for acute pancreatitis (AP) and is considered causal in 10% of cases¹. The 2018 American Heart Association/American College of Cardiology guidelines on the management of blood cholesterol define severe hypertriglyceridemia as \geq 500 mg dl⁻¹

(ref. ²). Similarly, the National Lipid Association defines very-high triglycerides (highest classification possible) as \geq 500 mg dl⁻¹ (refs. ^{2,3}). Furthermore, within the US Food and Drug Administration prescribing information of triglyceride-lowering drugs, sHTG is commonly defined

A full list of affiliations appears at the end of the paper. Me-mail: robert.rosenson@mssm.edu

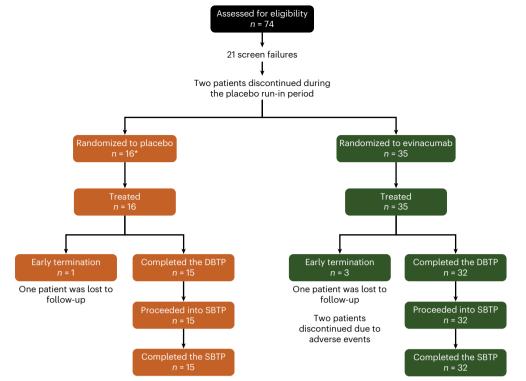
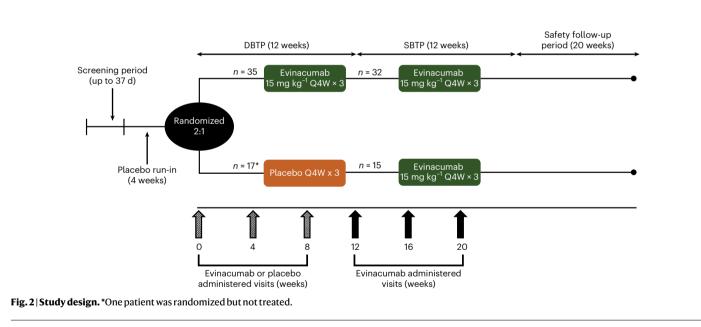


Fig. 1 | CONSORT diagram. *A total of 17 patients were randomized to placebo; however, one patient who failed screening was erroneously randomized and was withdrawn from the study.



as ≥500 mg dl⁻¹ (ref. ⁴). In the United States, the prevalence of sHTG (≥500 mg dl⁻¹) is reported to be 1.7%⁵. In a retrospective cohort study including US adults (*n* = 7,119,195), the overall annualized incidence rate of AP was 0.08% and increased with increasing triglyceride levels (0.07%, triglycerides <200 mg dl⁻¹; 1.21%, triglycerides >1,000 mg dl⁻¹)⁶. Furthermore, for example, for patients with one or ≥2 AP events at baseline, the overall annualized incidence rate of AP was found to increase to 10.16% and 29.98%, respectively⁶. Patients with sHTG-related AP often have recurrent attacks requiring repeat hospital admissions and have worse outcomes than non-hypertriglyceridemia-related AP⁷, including an increased odds ratio for chronic morbidity and mortality⁸.

Patients with sHTG typically have chylomicronemia, most commonly caused by multiple triglyceride-elevating genetic variants exacerbated by lifestyle, comorbid diseases and/or medications⁷. This polygenic disorder is referred to as multifactorial chylomicronemia syndrome (MCS). Rarely, patients with sHTG have chylomicronemia that is monogenic in origin, arising due to loss-of-function (LOF) mutations in genes encoding LPL or other genes of the LPL pathway, including the genes encoding apolipoprotein (APO) A5 (*APOA5*), APOC2 (*APOC2*), glycosylphosphatidylinositol anchored high-density lipoprotein binding protein 1 (*GPIHBP1*) and lipase maturation factor 1 (*LMF1*), resulting in familial chylomicronemia syndrome (FCS)⁷⁹. The development of AP,

Table 1 | Demographics and baseline characteristics of patients in the DBTP

	Co	hort 1	Co	hort 2	Cohort 3		
	Placebo i.v. Q4W (n=5)	Evinacumab i.v. 15 mg kg ⁻¹ Q4W (n=12)	Placebo i.v. Q4W (n=6)	Evinacumab i.v. 15mgkg ⁻¹ Q4W (n=9)	Placebo i.v. Q4W (n=5)	Evinacumab i.v. 15 mgkg ⁻¹ Q4W (n=14)	
Age (years) mean (s.d.)	43.2 (15.7)	51.3 (9.4)	52.8 (13.5)	48.7 (10.3)	41.2 (7.8)	46.1 (11.0)	
Sex (male) <i>n</i> (%)	4 (80.0)	6 (50.0)	2 (33.3)	6 (66.7)	3 (60.0)	6 (42.9)	
Race, n (%)							
White	4 (80.0)	11 (91.7)	5 (83.3)	7 (77.8)	3 (60.0)	11 (78.6)	
Black or African American	0	0	0	1 (11.1)	0	0	
Asian	0	1 (8.3)	0	1 (11.1)	1 (20.0)	3 (21.4)	
Other	1 (20.0)	0	1 (16.7)	0	1 (20.0)	0	
Ethnicity, n (%)							
Hispanic or Latino	0	2 (16.7)	1 (16.7)	1 (11.1)	1 (20.0)	1 (7.1)	
Not Hispanic or Latino	5 (100)	10 (83.3)	5 (83.3)	8 (88.9)	4 (80.0)	13 (92.9)	
BMI (kgm⁻²) mean (s.d.)	26.6 (4.1)	26.8 (5.2)	27.9 (5.6)	31.5 (4.3)	30.0 (1.9)	28.9 (5.0)	
History of AP, n (%)	5 (100)	12 (100)	6 (100)	9 (100)	5 (100)	14 (100)	
Time from the most recent occurrence of AP (years) mean (s.d.)ª	5.5 (7.8)	8.5 (9.6)	1.9 (1.1)	3.9 (3.8)	1.8 (1.6)	3.0 (4.6)	
Coronary heart disease, n (%)	1 (20.0)	1 (8.3)	2 (33.1)	1 (11.1)	1 (20.0)	5 (35.7)	
Concomitant LLTs, n (%)	3 (60.0)	6 (50.0)	6 (100)	9 (100)	4 (80.0)	10 (71.4)	
Fibrates	2 (40.0)	5 (41.7)	5 (83.3)	8 (88.9)	4 (80.0)	8 (57.1)	
Statins	2 (40.0)	3 (25.0)	3 (50.0)	6 (66.7)	3 (60.0)	9 (64.3)	
High-intensity statins	1 (20.0)	1 (8.3)	1 (16.7)	4 (44.4)	1 (20.0)	9 (64.3)	
Nicotinic acid and derivatives	0	1 (8.3)	0	3 (33.3)	0	0	
Other ^b	3 (60.0)	5 (41.7)	5 (83.3)	7 (77.8)	0	8 (57.1)	
≥2 LLTs	2 (40.0)	5 (41.7)	6 (100.0)	7 (77.8)	2 (40.0)	8 (57.1)	
≥3 LLTs	2 (40.0)	3 (25.0)	2 (33.3)	6 (66.7)	0 (0.0)	7 (50.0)	
≥4 LLTs	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	1 (7.1)	
≥5 LLTs	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	
Concomitant antihyperglycemic drugs, <i>n</i> (%)	2 (40.0)	5 (41.7)	3 (50.0)	7 (77.8)	5 (100)	12 (85.7)	
Biguanides (metformin)	1 (20.0)	5 (41.7)	3 (33.3)	4 (44.4)	3 (60.0)	8 (57.1)	
Insulin (fast acting)	2 (40.0)	0	2 (33.3)	4 (44.4)	1 (20.0)	6 (42.9)	
Insulin (long acting)	2 (40.0)	2 (16.7)	1 (16.7)	3 (33.3)	1 (20.0)	4 (28.6)	
SGLT2 inhibitors	0 (0.0)	0 (0.0)	1 (16.7)	4 (44.4)	3 (60.0)	3 (21.4)	
GLP-1 inhibitors	0 (0.0)	0 (0.0)	0 (0.0)	1 (11.1)	0 (0.0)	2 (14.3)	

^aTime from diagnosis to study randomization. ^bIncludes omega-3-acid ethyl ester, omega-3 fatty acids, eicosapentaenoic acid ethyl ester, ezetimibe, fish oil, combination of docosahexaenoic acid, eicosapentaenoic acid and fish oil, eicosapentaenoic acid and omega-3 triglycerides. BMI, body mass index; GLP-1, glucagon-like peptide-1; LLT, lipid-lowering therapy; Q4W, every 4 weeks; SGLT2, sodium glucose co-transporter 2.

which is often recurrent, is the most important clinical complication of MCS and FCS¹⁰. Current therapeutic approaches to sHTG include weight loss, dietary counseling, fibrates and omega-3 fatty acid products; however, these approaches are often insufficient to reduce triglycerides and prevent AP in a substantial number of patients^{2,11,12}.

Angiopoietin-like 3 (ANGPTL3) is an important regulator of lipoprotein metabolism, acting as an inhibitor of LPL and endothelial lipase (EL)¹²⁻¹⁴. Individuals with LOF variants in the gene encoding ANGPTL3 (*ANGPTL3*) have markedly reduced triglycerides, suggesting that it could be a therapeutic target for lowering triglycerides by increasing LPL activity¹⁵⁻¹⁷. Evinacumab is a fully human monoclonal antibody that inhibits ANGPTL3 (refs. ^{14–16,18,19}) and previous studies have assessed its efficacy and safety in patients with hypertriglyceridemia^{20,21}. In individuals with hypertriglyceridemia, a peak median reduction in triglycerides of 81.8% at day 4 was observed with intravenous (i.v.) evinacumab 10 mg kg⁻¹ (versus a 20.6% reduction with placebo), with effects seen up to day 43 (ref. ²¹). In individuals with triglycerides >1,000 mg dl⁻¹, wide-ranging triglyceride reductions were observed with subcuraneous evinacumab 250 mg kg⁻¹ and i.v. evinacumab 20 mg kg⁻¹, ranging from 0.9% to 93.2% on day 3, sustained until day 22 in most individuals²¹. In the present study, we evaluated the safety and efficacy of evinacumab in patients with sHTG and a history of hospitalization for AP.

Results

Disposition of patients and treatments

A total of 74 patients were screened, of whom 21 were screen failures. A further two patients discontinued during the placebo run-in period.

Table 2 | Change in lipid/lipoprotein parameters from baseline to week 12 in the DBTP

		hort 1		nort 2	Cohort 3		
	Placebo i.v. Q4W (n=5)	Evinacumab i.v. 15mgkg⁻¹ Q4W (<i>n</i> =12)	Placebo i.v. Q4W (n=6)	Evinacumab i.v. 15 mg kg⁻¹ Q4W (n=9)	Placebo i.v. Q4W (n=5)	Evinacumab i.v. 15 mgkg⁻¹ Q4W (n=14)	
Fasting triglycerides, mgdl⁻¹							
Baseline, median (Q1:Q3)	3,918.3 (3,122.3:3,931.3)	3,140.7 (2,713.0:3,921.0)	1,351.5 (768.7:4,010.3)	1,238.0 (1,020.3:2,341.0)	1,030.7 (1,021.7:1,495.7)	1,917.3 (1,196.0:2,607.3)	
Percent change from baseline, median (Q1:Q3)	-22.9 (-34.5:-12.5)	-27.7 (-68.5:2.2)	9.4 (0.2:25.7)	-64.8 (-84.5:-41.8)	80.9 (27.2:112.9)	-81.7 (-90.5:-21.7)	
P value versus placebo		0.9495		0.0076		0.0418	
Fotal cholesterol, mg dl ⁻¹							
Baseline, mean (s.d.)	372.2 (107.7)	363.5 (115.0)	220.3 (127.4)	257.3 (136.5)	230.0 (60.4)	319.6 (149.3)	
Percent change from baseline, median (Q1:Q3)	-12.8 (-17.1:-1.0)	-33.3 (-58.6:-26.1)	7.9 (–11.4:23.3)	-31.1 (-60.6:-29.5)	43.3 (16.9:47.8)	-34.6 (-62.6:5.9)	
P value versus placebo		0.0157		0.0216		0.0787	
Non-HDL-C, mg dl ⁻¹							
Baseline, mean (s.d.)	355.6 (107.6)	345.0 (117.0)	201.5 (128.0)	220.0 (151.3)	208.6 (57.5)	296.0 (148.7)	
Percent change from baseline, median (Q1:Q3)	-15.2 (-17.9:-2.7)	-34.2 (-61.0:-25.9)	8.0 (-8.2:25.6)	-31.0 (-47.6:-3.1)	48.4 (15.1:55.5)	-38.5 (-66.7:8.9	
P value versus placebo		0.0074		0.0677		0.1016	
Remnant cholesterol, mgdl⁻¹							
Baseline, mean (s.d.)	348.0 (98.9)	319.3 (127.6)	158.2 (139.3)	174.1 (159.5)	141.5 (46.0)	253.9 (158.4)	
Percent change from baseline, median (Q1:Q3)	-17.5 (-18.8:-3.6)	-37.5 (-67.7:-25.4)	24.2 (8.2:38.7)	-62.8 (-86.2:-18.3)	76.9 (23.3:104.2)	-79.0 (-90.1:9.3	
P value versus placebo		0.0133		0.0157		0.0602	
_DL-C, mg dl ^{-1a}							
Baseline, mean (s.d.)	26.0 (20.3)	21.6 (15.3)	43.3 (24.8)	45.7 (25.5)	43.4 (16.8)	62.6 (63.1)	
Percent change from baseline, median Q1:Q3)	8.6 (-11.9:47.5)	25.0 (40.0:63.2)	-15.5 (-56.7:11.5)	26.5 (12.9:39.9)	-40.0 (-44.6:4.2)	32.0 (-34.8:130.9)	
P value versus placebo		0.9384		0.0735		0.1700	
HDL-C, mgdl ⁻¹							
Baseline, mean (s.d.)	16.8 (3.4)	18.7 (4.1)	18.8 (2.9)	37.6 (43.8)	20.0 (4.6)	23.4 (9.4)	
Percent change from baseline, mean (s.d.)	10.9 (25.6)	-18.5 (37.3)	-17.4 (30.1)	-26.6 (27.0)	11.0 (37.4)	-7.5 (26.4)	
Mean percent difference versus placebo (95% CI)		-33.0 (-79.5:13.5)		1.87 (-22.6:26.3)		-18.0 (-56.2:20.2)	
P value versus placebo		0.1476		0.8706		0.3269	
Γotal ApoB, mgdl⁻¹							
Baseline, mean (s.d.)	73.3 (32.3)	74.1 (29.9)	85.5 (23.9)	90.8 (14.8)	86.3 (8.5)	120.9 (50.1)	
Percent change from baseline, mean (s.d.)	5.3 (13.0)	-16.4 (26.9)	-3.4 (22.6)	-11.1 (14.7)	20.6 (21.0)	-11.6 (23.1)	
Mean percent difference versus placebo (95% CI)		-21.2 (-46.5:4.0)		-8.2 (-30.0:13.6)		-27.0 (-56.7:2.8)	
P value versus placebo		0.0919		0.4302		0.0722	
ApoB100, mgdl⁻¹							
Baseline, mean (s.d.)	61.2 (25.8)	61.2 (32.4)	82.4 (24.0)	84.4 (10.4)	76.8 (14.2)	114.4 (55.8)	
Percent change from baseline, median (Q1:Q3)	-1.0 (-6.9:26.0)	-26.1 (-43.7:4.3)	-5.4 (-32.1:20.4)	-9.9 (-19.1:7.9)	19.4 (-4.1:45.2)	-12.0 (-17.0:-1.6	
P value versus placebo		0.1704		0.9485		0.0745	
ApoB48, mgdl⁻¹							
Baseline, mean (s.d.)	12.0 (8.2)	12.9 (7.8)	3.1 (2.0)	9.4 (8.4)	9.5 (8.3)	6.1 (3.7)	
Percent change from baseline, median (Q1:Q3)	2.3 (-32.7:89.2)	-26.4 (-49.9:13.2)	65.1 (21.2:191.6)	-45.9 (-86.4:-15.4)	41.5 (-4.0:194.7)	-77.0 (-86.9:17.7	
P value versus placebo 0.6477		0.6477		0.0332		0.1066	

Table 2 (continued)| Change in lipid/lipoprotein parameters from baseline to week 12 in the DBTP

	Col	nort 1	Coł	nort 2	Cohort 3		
	Placebo i.v. Q4W (n=5)	Evinacumab i.v. 15mg kg ⁻¹ Q4W (n=12)	Placebo i.v. Q4W (n=6)	Evinacumab i.v. 15mgkg⁻¹ Q4W (n=9)	Placebo i.v. Q4W (n=5)	Evinacumab i.v. 15 mg kg ⁻¹ Q4W (n=14)	
ApoC3, mgdl⁻¹							
Baseline, mean (s.d.)	42.7 (21.1)	40.2 (11.2)	26.5 (11.0)	45.4 (26.2)	48.4 (8.0)	46.4 (27.9)	
Percent change from baseline, mean (s.d.)	1.6 (23.3)	-33.7 (33.6)	47.1 (50.7)	-33.6 (59.6)	30.7 (32.9)	-54.9 (44.2)	
Mean percent difference versus placebo (95% CI)		-35.7 (-84.4:13.1)		-64.1 (-133.9:5.8)		-83.9 (-137.0:30.7)	
P value versus placebo		0.1361		0.0688		0.0046	
ApoA1, mgdl ⁻¹							
Baseline, mean (s.d.)	97.6 (16.1)	103.3 (18.4)	101.3 (17.1)	114.1 (28.2)	126.4 (39.6)	122.6 (19.3)	
Percent change from baseline, mean (s.d.)	-6.0 (8.0)	-31.5 (9.1)	-2.6 (20.2)	-28.8 (14.1)	-2.8 (18.6)	-24.4 (17.6)	
Mean percent difference versus placebo (95% CI)		-25.4 (-37.1:-13.7)		-23.6 (-43.4:-3.9)		-21.8 (-45.9:2.2)	
P value versus placebo		0.0005		0.0229		0.0717	
Lp(a), nmoll ⁻¹							
Baseline, median (Q1:Q3)	8.0 (6.0:21.0)	16.0 (8.0:23.0)	10.0 (7.0:10.0)	12.0 (9.0:76.0)	11.0 (6.0:12.0)	20.0 (9.0:42.0)	
Percent change from baseline, median (Q1:Q3)	100.0 (-38.1:233.3)	12.5 (-12.5:75.0)	17.9 (-31.3:65.0)	0.0 (-8.3:16.8)	0.0 (-14.3:33.3)	-14.3 (-31.0:55.6)	
P value versus placebo		0.5045		0.8081		0.6114	

Post hoc nominal P values are provided for descriptive purposes only. Apo, apolipoprotein; Lp(a), lipoprotein (a); Q1, first quartile; Q3, third quartile. ^aLDL-C concentrations were determined by ultracentrifugation.

Thus, during the double-blind treatment period (DBTP), 51 patients were treated (Fig. 1 and Extended Data Fig. 1). A summary of patient genotype by actual cohort is detailed in Extended Data Table 1 and genetic variants identified in the overall patient cohort are detailed in Supplementary Table 1. Three evinacumab-treated patients (adverse events (n = 2); lost to follow-up (n = 1)) and one placebo-treated patient (lost to follow-up) did not complete the DBTP (for an overview of the study design refer to Fig. 2). The adverse events leading to treatment discontinuation during the DBTP for evinacumab-treated patients were AP (severe serious adverse event, considered related to study treatment) and influenza-like illness (non-serious, moderate in severity, considered unrelated to study treatment). A total of 47 patients (double-blind (DB) evinacumab, n = 32; DB placebo, n = 15) entered the single-blind treatment period (SBTP).

Patient demographics and baseline characteristics

Patient demographics were generally well balanced between the placebo and evinacumab groups in the DBTP and SBTP (Table 1 and Extended Data Table 2, respectively). As expected, baseline median fasting triglycerides were higher in cohort 1 versus cohorts 2 and 3 (Table 2 and Extended Data Table 3). Baseline lipid-lowering therapy data are shown in Table 1. Most patients were receiving oral anti-diabetic therapy at baseline (66.7% and 66.0% for the DBTP and SBTP, respectively). During the DBTP, mean (s.d.) change in weight from baseline to week 12 ranged from -0.14 (2.1) kg to +0.83 (1.7) kg across all cohorts. Similarly, during the SBTP, mean (s.d.) change in weight from baseline to week 24 ranged from -0.14 (3.2) kg to +2.2 (3.9) kg across all cohorts.

Treatment exposure

Treatment exposure during the DBTP was generally consistent across the evinacumab and placebo groups. The mean (s.d.) number of infusions was almost identical for the evinacumab and placebo groups (2.8 (0.6) infusions); the mean (s.d.) duration of study drug exposure was also almost identical between the evinacumab and placebo groups (11.4 (2.4) and 11.4 (2.3) weeks, respectively). Doses were missed by two patients in the placebo group (at week 4 due to hospitalization for abdominal pain (n = 1); at week 8 due to hospitalization for AP (n = 1)). With the exception of three patients who discontinued treatment after receiving the first dose on study day 1, no evinacumab-treated patient missed doses of study drug during the DBTP.

Mean (s.d.) duration of study drug exposure during the SBTP was similar for the DB evinacumab (11.5 (1.4) weeks) and DB placebo (12.1 (1.0) weeks) groups. Evinacumab doses were missed by three patients during the SBTP. Two patients were unable to attend the scheduled visit due to an adverse event; one patient had a visit outside of the window, so the site was advised not to dose the patient and to wait for the next visit (<2 weeks later).

Efficacy of triglyceride lowering

The prespecified primary end point of this trial was the least squares mean percent reduction in triglycerides from baseline after 12 weeks of evinacumab exposure (combination of DBTP and SBTP) in cohort 3. The mean (s.e.m.) percent reduction in triglycerides from baseline in cohort 3 was -27.1% (37.4) (95% confidence interval (Cl) -71.2 to 84.6); however, the log-transformed triglyceride values were not normally distributed, making use of mean percent change in triglyceride levels a less-than-ideal end point. Therefore, we also performed a post hoc analysis using median percent reductions in triglyceride values (results presented below).

During the DBTP, the three cohorts were heterogeneous in the triglyceride-lowering response observed. Notably, the LPL-deficient cohort 1 exhibited substantially less response to evinacumab than the other two cohorts (Fig. 3 and Table 2; exploratory end point). At week 12, the cohort 1 median percent triglyceride reduction in treated versus placebo individuals was -27.7% versus -22.9% (absolute median change of -753 versus -782 mg dl⁻¹; P = 0.9495) respectively, whereas in cohort

Table 3 | Summary of TEAEs in any treatment group during the DBTP

TEAEs (n (%) of patients)	Placebo i.v. Q4W (n=16)	Evinacumab 15 mg kg ⁻¹ i.v. Q4W (n=35)
Patients with at least one TEAE	11 (68.8)	25 (71.4)
Patients with at least one serious TEAE	3 (18.8)	4 (11.4)
Patients with at least one TEAE resulting in discontinuation of treatment	0	2 (5.7)
Patients with any TEAE resulting in death	0	0
TEAEs occurring in ≥2 patients in a	any group	
Abdominal pain	2 (12.5)	5 (14.3)
Headache	1 (6.3)	4 (11.4)
Constipation	0	3 (8.6)
AP	2 (12.5)	3 (8.6)
Abdominal discomfort	0	2 (5.7)
Alanine aminotransferase increased	0	2 (5.7)
Aspartate aminotransferase increased	0	2 (5.7)
Back pain	0	2 (5.7)
Contusion	0	2 (5.7)
Dizziness	0	2 (5.7)
Herpes zoster	0	2 (5.7)
Nasopharyngitis	1 (6.3)	2 (5.7)
Sinusitis	0	2 (5.7)
Type 2 diabetes mellitus	1 (6.3)	2 (5.7)

2 the response was -64.8% versus +9.4% (absolute median change of -675 versus +118 mg dl⁻¹; P = 0.0076) and in cohort 3 was -81.7% versus +80.9% (absolute median change of -1,141 versus +805 mg dl⁻¹; P = 0.0418). The triglyceride-lowering effect with evinacumab (and the lack of effect on triglycerides in cohort 1) was observed to be maintained through to week 24 during the SBTP (Extended Data Table 3; exploratory end point).

A post hoc analysis of the median percent reduction in triglycerides from baseline following 12 weeks of evinacumab exposure was also conducted. In cohort 3, the median percent reduction in triglycerides was -68.8%; the absolute median change in cohort 3 was -905 mg dl⁻¹.

Efficacy on other lipid/lipoprotein parameters

Evinacumab was effective in reducing non-high-density lipoprotein cholesterol (non-HDL-C) in all three cohorts, including cohort 1, at week 12 (the end of the DBTP; Table 2; exploratory end point). Median percent reductions in non-HDL-C with evinacumab treatment versus placebo were -34.2% versus -15.2% in cohort 1 (P = 0.0074), -31.0% versus +8.0% in cohort 2 (P = 0.0677); and -38.5% versus +48.4% in cohort 3 (P = 0.1016). Similar effects were seen with evinacumab treatment versus placebo on remnant cholesterol (-37.5% versus -17.5%; P = 0.0133 (cohort 1); -62.8% versus +24.2%; P = 0.0157 (cohort 2); -79.0% versus +76.9%; *P* = 0.0602 (cohort 3); Table 2; exploratory end point). There was a trend toward increased low-density lipoprotein cholesterol (LDL-C) with evinacumab versus placebo in this sHTG cohort: +25.0% versus +8.6%, P = 0.9384 (cohort 1); +26.5% versus -15.5%, P = 0.0735 (cohort 2); +32.0% versus -40.0%; P = 0.1700 (cohort 3; Table 2; exploratory end point). Evinacumab treatment was associated with a trend toward lowering of total ApoB levels versus placebo (-16.4% versus +5.3%; P = 0.0919 (cohort 1); -11.1% versus -3.4%; P = 0.4302 (cohort 2); -11.6% versus +20.6%; P = 0.0722 (cohort 3)), with similar results on ApoB100 and ApoB48 (Table 2; exploratory end points). Notably, evinacumab treatment resulted in reduction in plasma ApoC3 levels that was substantial in cohort 3 (-33.7% versus +1.6%; P = 0.1361 (cohort 1); -33.6% versus +47.1%; P = 0.0688 (cohort 2); -54.9% versus +30.7%; P = 0.0046 (cohort 3); Table 2; exploratory end points). While HDL-C levels were not substantially affected by evinacumab treatment, there was a substantial reduction in ApoA1 levels (Table 2; exploratory end point). Overall, changes in lipid/lipoprotein parameters observed during the DBTP were maintained during the SBTP (Extended Data Table 3; exploratory end points).

Assessment of evinacumab pharmacokinetics/ pharmacodynamics

Pharmacokinetic data analyzed in all individuals showed that steady-state concentrations of total evinacumab were reached by the end of the DBTP (three doses), with mean steady-state evinacumab trough concentrations (C_{trough}) fluctuating between 120 and 160 mg l⁻¹ through the end of the SBTP (Extended Data Fig. 2). Substantial inter-patient variability in evinacumab serum C_{trough} was observed, with lower evinacumab exposure associated with low or no triglyceride-lowering response (Extended Data Fig. 3). The variability in response, associated with low drug levels, introduced skew into the primary efficacy end point.

Safety and tolerability during the placebo-controlled period

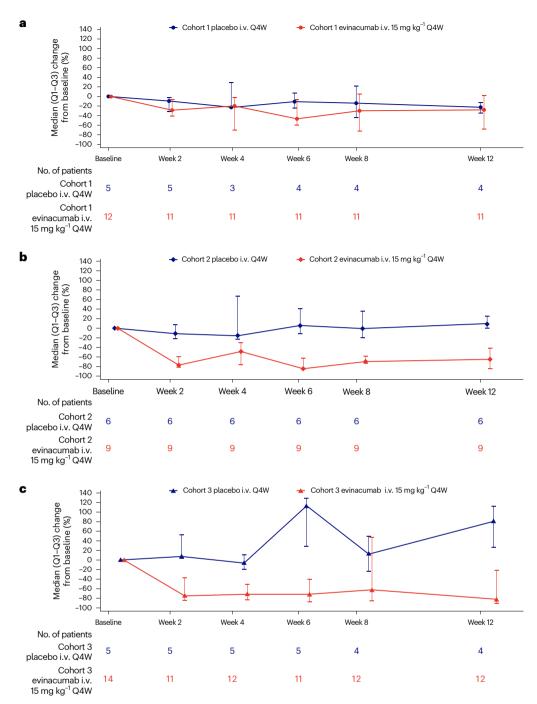
In the DBTP, treatment-emergent adverse events (TEAEs) occurred in 71.4% and 68.8% of evinacumab- and placebo-treated patients, respectively (secondary end point). Common TEAEs occurring in >5% of patients in any treatment group are detailed in Table 3; those occurring more frequently in the evinacumab versus placebo group included abdominal pain, headache, constipation, abdominal discomfort, increase in alanine aminotransferase/aspartate aminotransferase (defined as three times the upper limit of normal), back pain, contusion, dizziness, herpes zoster and sinusitis. Nasopharyngitis, AP and type 2 diabetes mellitus occurred less frequently in the evinacumab than in the placebo group. Serious TEAEs were reported in four (11.4%) patients in the evinacumab group (abdominal pain (n = 1), AP (n = 3); two events of AP in one patient were considered related to study treatment) and three (18.8%) patients in the placebo group (AP (n = 2), abdominal pain (n = 1); none was considered related to study treatment). TEAEs leading to discontinuation occurred in two (5.7%) evinacumab-treated patients (AP (n = 1); influenza-like illness (n = 1)) and 0% of placebo-treated patients. There were no deaths in either treatment group. Corresponding TEAE data for the combined SBTP and off-drug follow-up period are presented in Supplementary Table 2.

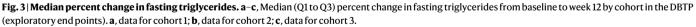
Imaging

¹⁸F-FDG-positron-emission tomography (PET)/computed tomography (CT) and magnetic resonance imaging (MRI) did not identify patients with subclinical signs of pancreatitis at baseline (Extended Data Table 4). Imaging values evaluated were in range with typical physiological levels. No clinically relevant imaging changes in the pancreas were observed in patients who were treated with evinacumab (Extended Data Table 5; secondary end point). There was a large distribution of baseline hepatic fat fractions ranging from healthy levels (3%) to substantially elevated (38%). No changes in hepatic fat fractions were observed at week 24 compared to baseline in patients treated with evinacumab (Extended Data Table 6; exploratory end point).

AP events during this study

Through the course of this 44-week study (including off-drug washout), a total of 25 AP events were reported (Supplementary Table 3;





exploratory end point). During the DBTP, five AP events were reported by five patients (evinacumab group (n = 3); placebo group (n = 2)). Within the evinacumab group, one patient in cohort 1 experienced an AP event on study day 54 (resolved within 4 d) and two patients in cohort 3 experienced AP events 2 and 12 d following the first evinacumab dose, respectively. All three evinacumab-treated patients had triglyceride levels >1,000 mg dl⁻¹ at the time of, or immediately before, their AP episode. During the 12-week SBTP active treatment period, seven AP events in five patients were reported and, during the 12-week off-drug follow-up period, 13 AP events in ten patients were reported. In the combined SBTP and off-drug follow-up period, most AP events occurred >4 weeks after the last evinacumab dose when triglycerides had increased back toward pre-treatment levels and evinacumab concentrations had decreased to near baseline levels (Supplementary Table 3 and Supplementary Fig. 1).

During the combined SBTP and off-drug follow-up period, triglyceride measurements were available for 15 of 20 AP events; of the 15 AP events with available triglyceride levels, most patients had triglycerides >500 mg dl⁻¹ at the time of, or immediately before, the AP episode. As AP events were reported by investigative sites but not independently adjudicated, events did not always meet typical diagnostic criteria, such as the international consensus Atlanta classification²². The available data, including laboratory and imaging results, are summarized in Supplementary Table 3.

Discussion

As severely elevated levels of serum concentrations are an established risk factor for AP, effective triglyceride-lowering therapies are required to improve patient outcomes. In this phase 2, randomized, placebo-controlled study in individuals with sHTG (fasting serum triglycerides >500 mg dl⁻¹ at screening; medical history of fasting triglycerides $\geq 1,000 \text{ mg dl}^{-1}$) and with a history of hospitalization for AP, the prespecified primary end point of percent change in mean triglycerides was not met; however, triglycerides were not normally distributed and a post hoc analysis of the median percent change in triglycerides suggested triglyceride reduction with evinacumab, except in those patients with FCS due to LPL deficiency. Although treatment with evinacumab in patients with FCS demonstrated a non-substantial increase in LDL-C, substantial reductions in non-HDL-C, remnant cholesterol and other triglyceride associated measures and non-substantial reductions in total ApoB and ApoB100 were observed, indicating an overall reduction in atherogenic lipids.

The treatment response to evinacumab was highly variable, in part influenced by the molecular etiology of sHTG. For example, during the placebo-controlled period cohort 1 (consisting of patients with FCS due to bi-allelic mutations in known FCS genes) had no reduction in triglycerides, while reductions were observed in both cohort 2 (only one FCS gene mutation) and cohort 3 (no identified FCS gene mutations). The reduced response in cohort 1 during the DBTP may be due to the markedly diminished LPL activity expected in these patients. Patients in cohort 3, observed to have a median reduction in triglycerides of -81.7% with evinacumab, are likely to have high polygenic risk scores for hypertriglyceridemia, whereas patients in cohort 2 may have a combination of rare variants in the context of a high polygenic risk score background^{7,23}.

The inter-individual variability in evinacumab exposure likely contributed to the observed variability in triglyceride-lowering response. Other sources of variability in triglyceride responses may include inconsistent adherence to diet and exercise, known effects of some background lipid-lowering therapies and the use of a single post-treatment assessment of triglycerides (in contrast to three measurements used to determine baseline values).

The decreases in remnant cholesterol and ApoB48 support a role for evinacumab in promoting chylomicron remnant catabolism. Parallel decreases in ApoC3 and ApoB100, despite an increase in LDL-C, are consistent with the broader role of evinacumab in triglyceride-rich lipoprotein (TRL) cholesterol^{14,24}, with the increase in LDL-C likely due to enhanced conversion of very-low-density lipoprotein particles to low-density lipoprotein particles. The reductions in HDL-C and ApoA1 after treatment with evinacumab were anticipated based on the known effects of ANGPTL3 inhibition on de-repression of EL activity leading to increased clearance of HDL²⁵.

ApoC3 is an important regulator of triglyceride metabolism via inhibition of LPL-mediated hydrolysis of TRLs to smaller remnant particles and impaired removal of TRL remnants^{17,26}. The mechanisms by which ApoC3 impairs lipolysis of TRLs have been partly elucidated and include weakened binding of TRLs to the negatively charged capillary endothelium where LPL is present and inhibiting LPL activation by displacing the LPL activator ApoC2 from the surface of the TRL particle²⁷⁻²⁹. Patients with sHTG typically have increased ApoC3 levels due to elevation of triglyceride-rich lipoproteins carrying ApoC3. Here we find that evinacumab treatment in patients with sHTG substantially reduced plasma ApoC3 levels. It is interesting to speculate that the ApoC3 reduction with evinacumab may have contributed to the triglyceride reduction in this population. The reduction in ApoC3 that we observed was likely to be at least in part secondary to the reduction in TRLs brought about by evinacumab; however, given the reduction of ApoC3 levels even in cohort 1 and out of proportion to the triglyceride reduction, we speculate that the unmasking of EL activity by inhibition of ANGPTL3 may play a role in the reduction of plasma ApoC3, given that HDL is a reservoir for ApoC3. This is consistent with the considerable reduction

in plasma ApoA1 levels with evinacumab, which notably were out of proportion to the modest and non-substantial effect on HDL-C levels.

Treatment with evinacumab was generally well tolerated. During the DBTP, there were no clinically meaningful differences in TEAE frequency between the evinacumab and placebo groups. TEAEs also occurred in a similar proportion of patients in the DB evinacumab and DB placebo groups during the SBTP. Notably, treatment with evinacumab had no effect on liver transaminases or hepatic fat as measured by MRI in contrast to a recent report of an antisense oligonucleotide targeted to ANGPTL3 (ref.³⁰).

Over the duration of the study (including the off-drug follow-up period) a total of 25 AP events were reported. During the DBTP, all patients had serum triglycerides >1,000 mg dl⁻¹ at the time of, or just before, their AP event, irrespective of their treatment group. Overall, proximate evinacumab levels suggest that drug concentrations were likely inadequate to provide a sustained reduction in triglycerides or blunt the anticipated post-prandial rise in triglycerides that can trigger an AP event. Future studies with evinacumab in patients with sHTG focusing on AP as the primary end point are needed. Furthermore, additional studies with other evinacumab dosing regimens, in part due to the lack of sustained evinacumab concentrations observed in the current trial, are needed to explore the association between the reduction in triglycerides and with the incidence of AP events in this sHTG patient population.

Limitations of this trial include the small number of patients studied, the relatively short duration of treatment, the variability of serum triglycerides and the variability in evinacumab exposure. These limit the assessment of the long-term safety and efficacy of evinacumab in patients with sHTG.

sHTG-associated AP is a substantial source of morbidity, mortality and reduced quality of life as well as a financial burden to the health systems caring for these patients. Neither diet nor current pharmacological therapies have substantially addressed these consequences of sHTG. In this study, while the prespecified primary end point of mean percent change in triglyceride was not met, a post hoc analysis of median triglyceride suggested reductions in fasting triglycerides following evinacumab, except in patients with FCS lacking functional LPL. These data support the critical need to further assess the effects of evinacumab in subjects with sHTG, especially in those with a history of sHTG-associated AP.

Online content

Any methods, additional references, Nature Portfolio reporting summaries, source data, extended data, supplementary information, acknowledgements, peer review information; details of author contributions and competing interests; and statements of data and code availability are available at https://doi.org/10.1038/s41591-023-02222-w.

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¹Metabolism and Lipids Unit, Mount Sinai Heart, Icahn School of Medicine at Mount Sinai, New York, NY, USA. ²Clinical Lipidology and Rare Lipid Disorders Unit, Department of Medicine, Université de Montréal Community Gene Medicine Center, and ECOGENE-21 Clinical and Translational Research Center, Chicoutimi, Quebec, Canada. ³Department of Medicine, Baylor College of Medicine, Houston, TX, USA. ⁴Excel Medical Clinical Trials and Department of Integrated Medical Sciences, Charles E Schmidt College of Medicine, Florida Atlantic University, Boca Raton, FL, USA. ⁵Departments of Laboratory Medicine and of Medicine, Centre Hospitalier Universitaire de Québec-Université Laval, Québec, Québec, Canada. ⁶Division of Endocrinology, Department of Medicine, University of Pittsburgh, PA, USA. ⁷Division of Clinical Pharmacology, University of Kansas Medical Center, Kansas City, KS, USA. ⁸Department of Clinical Medicine and Surgery, Federico II University of Naples, Naples, Italy. ⁹Division of Gastroenterology, Hepatology and Nutrition, University of Pittsburgh, PA, USA. ¹⁰Regeneron Pharmaceuticals, Tarrytown, NY, USA. ¹¹Department of Genetics and Department of Medicine, Perelman School of Medicine, University of Pennsylvania, Philadelphia, PA, USA. ^{IX}e-mail: robert.rosenson@mssm.edu

Article

Methods

This phase 2 study (Clinical Trials.gov identifier NCT03452228) was conducted at 17 sites across four countries. The first patient was enrolled on 7 June 2018 and the last patient was enrolled on 8 July 2019. The study protocol was approved by institutional review boards (IRBs) and/or ethics committees (Quorum Review, Comitato Etico dell Universita, Policlinico Umberto I di Roma, North West - Greater Manchester South Research Ethics Committee, The University of Pennsylvania IRB, The University of Texas Institutional Review Board, Western IRB, Human Research Protection Program, The University of Kansas Medical Center and Copernicus IRB). The study was conducted in accordance with ethical principles originating from the Declaration of Helsinki and was consistent with International Conference on Harmonization/Good Clinical Practices and applicable regulatory requirements. All participants provided written informed consent. The principal investigators and sponsor designed the study protocol and selected participating sites. Monitoring and site supervision were performed by a contract research organization with oversight by the sponsor. The first author wrote all drafts of the manuscript. All authors had access to the data, participated in revisions and vouch for the accuracy and completeness of data and adherence to the protocol.

Study design and treatment

Adults aged 18 to 75 years with sHTG (fasting serum triglycerides >500 mg dl⁻¹ at screening on two separate occasions; documented medical history of fasting triglycerides $\geq 1,000 \text{ mg dl}^{-1}$) with a history of hospitalization for AP were enrolled based on genotype according to the presence of LOF mutations in LPL pathway genes. Cohort 1 consisted of patients with FCS (with known bi-allelic LOF mutations in APOA5, APOC2, GPIHBP1, LMF1 or LPL); cohort 2 consisted of patients with MCS (with known heterozygous LOF mutations in APOA5, APOC2, GPIHBP1, LMF1 or LPL); and cohort 3 consisted of patients with MCS and without LPL pathway mutations. Initially patients were enrolled into the aforementioned cohorts based on available genotype information from the patient's medical history at screening. All patients were subsequently exome sequenced and analyzed by the Regeneron Genetics Center (Regeneron Pharmaceuticals). At screening, 11 patients were missing genotype information; based on the exome sequencing, three of these were subsequently assigned to cohort 1 and eight were assigned to cohort 2. In addition, one patient from original cohort 3 was withdrawn from the study before dosing as they did not meet the eligibility criteria. Thus, the final 'actual cohort' assignments for the purpose of analysis were cohort 1, n = 17; cohort 2, n = 15; and cohort 3, n = 19. The full list of patient eligibility criteria is provided in the Supplementary Information.

Patients in each cohort were randomized 2:1 to receive either i.v. evinacumab 15 mg kg⁻¹ every 4 weeks or matching placebo. The study comprised a screening phase, a 4-week single-blind placebo run-in, a 12-week DBTP, a 12-week SBTP and a 20-week off-drug observation phase (Fig. 2). During the SBTP, all patients received i.v. evinacumab 15 mg kg⁻¹ every 4 weeks.

The primary end point of the study was to determine the intra-patient percent change in mean serum triglycerides from baseline following 12 weeks of evinacumab treatment in cohort 3 patients (the 12 weeks of treatment encompassed a combination of the DBTP and SBTP). Cohort 3 was prespecified as the analysis population for the primary end point analysis, as this group of patients had an intact LPL pathway and would thus be expected to respond optimally to evinacumab treatment. To reduce the variability of baseline triglyceride measurements for patients randomized to evinacumab in the DBTP, baseline was defined as the geometric mean of all available triglyceride results at days -28, -14 and 1. Similarly, for those switching from placebo to evinacumab in the SBTP, baseline was defined as the geometric mean of all available triglyceride results at weeks 6, 8 and 12. The percent change in other lipid/lipoprotein parameters from baseline to weeks 12 and 24 were also evaluated.

Lipid/lipoprotein measurements

All blood sampling for the determination of lipid parameters were determined under fasting conditions (at least 8 h of fasting). Triglycerides and total cholesterol were assessed by an enzymatic colorimetric assay run on a Beckman-Coulter analyzer. HDL-C was determined by precipitation, which involved precipitating all non-HDL-C using 50 kDa dextran sulfate with magnesium ions as the precipitating agent, followed by the determination of HDL-C in the supernatant using an adapted method for determining total cholesterol on a Beckman-Coulter analyzer. LDL-C was determined by ultracentrifugation; after separation of the very-low-density lipoprotein/chylomicron sub-fraction by ultracentrifugation, LDL-C was determined as the cholesterol in the infranatant (performed by an enzymatic colorimetric assay) minus HDL-C. ApoB and ApoA1 were assessed by nephelometry using a Siemens BNII nephelometer. In addition, serial ultracentrifugation was performed to separate lipoprotein subfractions (chylomicrons, very-low-density lipoprotein, intermediate-density lipoprotein, LDL and HDL) and lipids (triglycerides, cholesterol and phospholipids) and proteins (for example, ApoB, ApoA1, ApoC2, ApoC3 and ApoC5) were measured in the fractions by established methods.

Exome sequencing and analysis

Genomic DNA was extracted from peripheral blood samples and submitted for whole exome sequencing at the Regeneron Genetics Center (RGC). Briefly, 1 µg of genomic DNA was fragmented and prepared for exome capture with a custom reagent kit from Kapa Biosystems. Samples were captured using the NimbleGen SeqCap VCRome 2.1 exome target design and sequenced using 75-bp paired-end sequencing on an Illumina HiSeq 2500 with v.4 chemistry. Following sequencing, data were processed using a cloud-based pipeline developed at the RGC that uses DNAnexus and AWS to run standard tools for sample-level data production and analysis. Sequence reads were mapped and aligned to the GRCh37/hg19 human genome reference assembly using BWA-mem. Single-nucleotide polymorphisms and INDEL variants and genotypes were called using GATK's HaplotypeCaller. Standard quality-control filters were applied to called variants. Passing variants were classified, annotated and analyzed using an RGC-implemented Mendelian analysis pipeline to evaluate their potential functional effects. Variants were annotated for their observed frequencies in population control databases such as dbSNP, the 1000 Genomes Project, the Exome Aggregation Consortium Database and internal RGC databases to filter out common polymorphisms and high frequency, likely benign variants. Algorithms for bioinformatic prediction of functional effects of variants (LRT, Poly-phen2, SIFT, CADD and Mutation Taster), along with conservation scores, were incorporated as part of the annotation process of variants and used to inform on the potential deleteriousness of identified candidate variants. Individuals in this study were screened for variants in a list of 28 genes compiled for their reported associations with triglyceride or lipid levels.

Screened genes were LPL, ANGPTL3, ANGPTL4, ANGPTL8, APOA1, APOA4, APOA5, APOC2, APOC3, APOD, COL18A1, CREB3L3, GALNT2, GPIHBP1, LMF1, PCSK7, MLXIPL, LIPI, USF1, ABCA1, GPD1, GCKR, TRIB1, BTN2A1, LRP8, TIMD4, ABCG5 and ABCG8.

Imaging

¹⁸F-FDG-PET/CT and MRI imaging were performed to assess subclinical signs of pancreatic inflammation and injury in study populations. ¹⁸F-FDG-PET/CT was performed at baseline and after 12 weeks of treatment during the DBTP to examine the impact of treatment on pancreatic inflammation using standardized uptake values, SUV_{max} and SUV_{mean}.

MRI was performed at baseline to assess pancreatic injury/inflammation through measurement of apparent diffusion coefficient and levels of hepatic fat fraction. Patients underwent repeat MRI scans at 12 and 24 weeks of treatment to assess changes in pancreatic injury/ inflammation and changes in liver hepatic fat fraction.

Statistical analysis

The primary end point was prespecified as the least squares mean percent reduction in triglycerides from baseline after 12 weeks of evinacumab exposure (combination of DBTP and SBTP) in cohort 3. This was assessed in cohort 3 using asynchronous study periods that were dependent upon treatment group to assess changes in triglycerides after 12 weeks of evinacumab treatment; for patients randomized to evinacumab, the primary analysis included the 12-week DBTP, whereas for patients randomized to placebo the primary analysis included the subsequent 12-week SBTP of active treatment with evinacumab. Point estimates of mean percent changes in triglycerides between the placebo run-in period and each observation were calculated using a mixed-effect model for repeated measures (MMRM) approach.

Before MMRM analysis of the primary end point, fasting serum triglycerides were log-transformed with the aim to provide a normal data distribution. A log-scale s.d. of 0.5 was used based on available evinacumab phase 1 data. To reduce variability of baseline triglyceride measurements, baseline was the mean of the three log-transformed measurements (day –28, day –14 and week 0 (DBTP); weeks 6, 8 and 12 (SBTP)).

The primary end point analysis was based on the percent change in triglycerides from baseline following 12 weeks of treatment with evinacumab in cohort 3. Point estimates of mean percent changes in triglycerides between the placebo run-in period and each observation were calculated using an MMRM approach. The MMRM model assessed within-patient treatment comparisons using an unstructured covariance matrix while accounting for baseline triglyceride values, study visit and baseline triglyceride values by study visit interaction, but not trough levels of evinacumab, which varied and were often below the targeted threshold of 100 mg Γ^1 . Study visits were adjusted to the start of evinacumab treatment to pool data from the DBTP and the SBTP. Least squares means with CIs and least squares mean ratios with CIs were used to assess treatment effects.

Secondary end points included the percent triglyceride lowering from baseline following 2-24 weeks repeated i.v. doses of evinacumab; the proportion of patients who achieved at least a 40%, 50%, 60%, 70%, 80% or 90% reduction in triglycerides from baseline and the proportion of patients who achieved a reduction in triglycerides below $500 \text{ mg} \text{ dl}^{-1}$ after 2–24 weeks evinacumab treatment (not reported): the percent change in post-heparin LPL activity from baseline (not reported); changes in patient-reported abdominal and gastrointestinal symptoms, dietary habits and symptom/dietary impact measures, assessed via questionnaires (not reported); the degree of pancreatic injury/inflammation at baseline and change from baseline following 12 weeks of evinacumab treatment (see further details above); the evaluation of evinacumab pharmacokinetics, total ANGPTL3 levels and anti-drug antibodies during the treatment and follow-up periods (not reported); and the incidence and severity of TEAEs, serious adverse events, laboratory abnormalities and other safety variables.

Post hoc analyses were undertaken to evaluate whether (1) mean triglyceride values at baseline and week 12; (2) percent change in mean triglyceride values at week 12; (3) mean log-transformed triglyceride values from baseline and week 12; and (4) change in mean log-transformed triglyceride values from baseline at week 12 achieved normal distribution using the MMRM model. It was essential to determine whether triglyceride values that do not follow a normal distribution are log-normal, as applying MMRM analysis without confirming the data obey a log-normal distribution, could lead to misinterpretation of data. Accordingly, tests of normality, including Anderson–Darling, Cramer–von Mises, Kolmogorov–Smirnov and Shapiro–Wilk, were performed. These tests demonstrated that log-transformed triglyceride values were not normally distributed, thus median percent changes were additionally determined and analyzed. For the DBTP and SBTP, both percent change and absolute triglyceride values, as well as safety and other efficacy end points, were summarized descriptively. For the DBTP, post hoc nominal *P* values are provided for descriptive purposes. All efficacy analyses were performed in the full analysis population, which consisted of all randomized patients who received study drug. The safety analysis set included all randomized individuals who received at least one dose, or part of a dose, of study drug. Clinical data were analyzed using SAS v.9.4.

Reporting summary

Further information on research design is available in the Nature Portfolio Reporting Summary linked to this article.

Data availability

Qualified researchers may request access to study documents (including the clinical study report, study protocol with any amendments, blank case report form and statistical analysis plan) that support the methods and findings reported in this manuscript. Individual anonymized participant data will be considered for sharing once the product and indication has been approved by major health authorities (for example, FDA, EMA and PMDA), if there is legal authority to share the data and there is not a reasonable likelihood of participant re-identification. Requests should be submitted to https://vivli.org/. GRCh37/hg19 human genome reference assembly can be accessed via https://www.ncbi.nlm.nih.gov/data-hub/genome/ GCF 000001405.40/. The following population control databases were utilized: dbSNP, accessed via https://www.ncbi.nlm.nih.gov/ snp/; the 1000 Genomes Project, accessed via https://www.internationalgenome.org/; and the Exome Aggregation Consortium Database, accessed via https://gnomad.broadinstitute.org/.

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Author contributions

R.S.R., M.P.P. and R.P. contributed to the concept or study design. R.S.R., D.G., C.M.B., S.J.B., J.B., E.E.K., P.M.M., P.R., D.C.W. and D.J.R. were study investigators who contributed to the acquisition of data. All authors contributed to the analysis or interpretation of data. R.S.R. wrote all drafts of the manuscript. All authors critically reviewed and revised the manuscript drafts for important intellectual content. The final version of the manuscript for publication was approved by all authors.

Competing interests

R.S.R. reports grants and personal fees from Regeneron Pharmaceuticals, grants and personal fees from Amgen, grants and personal fees from Arrowhead, grants and personal fees from Lilly, grants and personal fees from Novartis, personal fees from CRISPER Therapeutics, Kowa, Precision Biosciences, royalties from UpToDate, other from MediMergent, outside the submitted work. C.M.B. reports grants and personal fees from Abbott Diagnostic, grants from Akcea, grants and personal fees from Amarin, grants and personal fees from Esperion, grants from Ionis, grants and personal fees from Novartis, grants

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Additional information

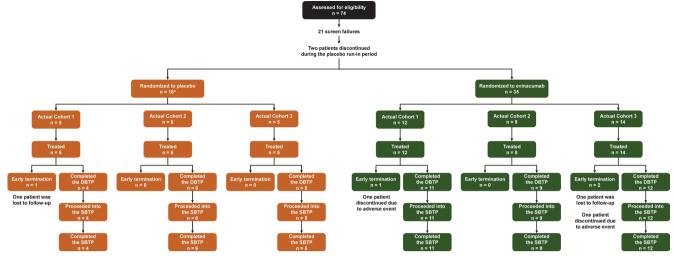
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Correspondence and requests for materials should be addressed to Robert S. Rosenson.

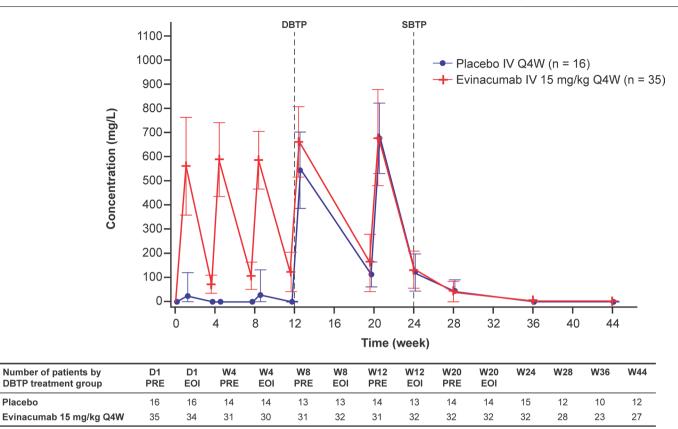
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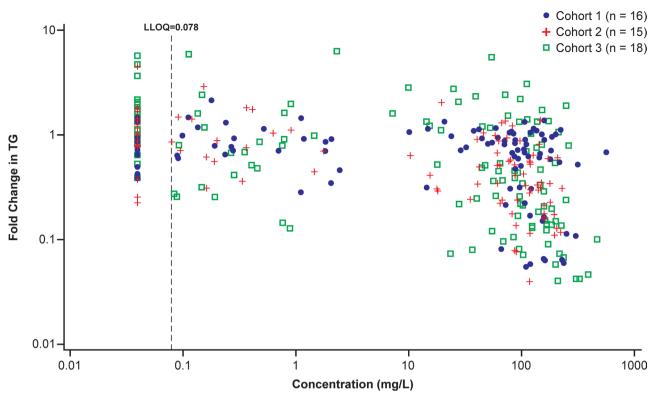
Extended Data Fig. 1 | **Patient disposition by cohort.** ^aIn total, 17 patients were randomized to placebo. However, one patient who failed screening was erroneously randomized and was withdrawn from the study. DBTP, double-blind treatment period; SBTP, single-blind treatment period.

Placebo



Extended Data Fig. 2 | Mean (SD) of total serum evinacumab concentrations by time and treatment group. The DBTP includes all measurements until week 12 pre-dose; the SBTP includes all measurements from week 12 EOI. During the SBTP, all patients received IV evinacumab 15 mg/kg Q4W. D, day; DBTP,

double-blind treatment period; EOI, end of infusion; IV, intravenous; PRE, pre-dose; Q4W, every 4 weeks; SBTP, single-blind treatment period; SD, standard deviation; W, week.



Extended Data Fig. 3 | **Individual log-scaled fold change from baseline in triglycerides versus log-scaled trough concentrations of total evinacumab.** Fold change is derived as (individual TG value at each timepoint)/(baseline TG value). Concentrations below the LLOQ were set to LLOQ/2. BLQ, below the limit of quantification; LLOQ, lower limit of quantification; N, number of patients; TG, triglyceride.

Extended Data Table 1 | Summary of patients treated in the DBTP by genotype

	Coh	ort 1	Coh	ort 2	Cohort 3		
-	Placebo IV Q4W (<i>n</i> = 5)	Evinacumab IV 15 mg/kg Q4W (n = 12)	Placebo IV Q4W (<i>n</i> = 6)	Evinacumab IV 15 mg/kg Q4W (<i>n</i> = 9)	Placebo IV Q4W (<i>n</i> = 5)	Evinacumab IV 15 mg/kg Q4W (<i>n</i> = 14)	
Genotype categories for L	.PL gene, n (%)						
Homozygote	2 (40.0)	6 (50.0)	0	0	0	0	
Compound heterozygote	2 (40.0)	3 (25.0)	0	0	0	0	
Heterozygote	0	0	4 (66.7)	4 (44.4)	0	0	
Other genes, n (%)							
Homozygote							
APOA5	0	1 (8.3)	0	0	0	0	
APOC2	1 (20.0)	0	0	0	0	0	
GPIHBP1	0	1 (8.3)	0	0	0	0	
Compound heterozygote							
LMF1	0	1 (8.3)	0	0	0	0	
Heterozygote							
APOA5	0	0	1 (16.7)	2 (22.2)	0	0	
GPIHBP1	0	0	1 (16.7)	1 (11.1)	0	0	
LMF1	0	0	0	2 (22.2)	0	0	
No LPL pathway mutations	0	0	0	0	5 (100.0)	14 (100.0)	

APOA5, gene encoding apolipoprotein A5; APOC2, gene encoding apolipoprotein C2; GPIHBP1, gene encoding glycosylphosphatidylinositol anchored high-density lipoprotein binding protein 1; IV, intravenous; LMF1, gene encoding lipase maturation factor 1; LPL, lipoprotein lipase; Q4W, every 4 weeks.

Extended Data Table 2 | Demographics and baseline characteristics of patients entering the SBTP

_		ohort 1		ohort 2	Cohort 3		
	DB placebo IV Q4W (n = 4)	DB evinacumab IV 15 mg/kg Q4W (<i>n</i> = 11)	DB placebo IV Q4W (n = 6)	DB evinacumab IV 15 mg/kg Q4W (<i>n</i> = 9)	DB placebo IV Q4W (n = 5)	DB evinacumab IV 15 mg/kg Q4W (<i>n</i> = 12)	
Age, years, mean (SD)	42.8 (18.1)	52.5 (8.9)	52.8 (13.5)	48.7 (10.3)	41.2 (7.8)	46.7 (11.8)	
Sex, male, n (%)	3 (75.0)	6 (54.5)	2 (33.3)	6 (66.7)	3 (60.0)	5 (41.7)	
Race, n (%)							
White	4 (100.0)	11 (100.0)	5 (83.3)	7 (77.8)	3 (60.0)	10 (83.3)	
Black or African American	0	0	0	1 (11.1)	0	0	
Asian	0	0	0	1 (11.1)	1 (20.0)	2 (16.7)	
Other	0	0	1 (16.7)	0	1 (20.0)	0	
Ethnicity, n (%)							
Hispanic or Latino	0	2 (18.2)	1 (16.7)	1 (11.1)	1 (20.0)	0	
Not Hispanic or Latino	4 (100.0)	9 (81.8)	5 (83.3)	8 (88.9)	4 (80.0)	12 (100.0)	
BMI, kg/m ² , mean (SD)	25.6 (4.0)	27.2 (5.2)	27.9 (5.6)	31.5 (4.3)	30.0 (1.9)	28.6 (4.2)	
History of acute pancreatitis, n (%)	4 (100.0)	11 (100.0)	6 (100.0)	9 (100.0)	5 (100.0)	12 (100.0)	
Time from the most recent occurrence of acute pancreatitis, years, mean (SD) ^a	6.2 (8.7)	8.8 (10.0)	1.9 (1.1)	3.9 (3.8)	1.8 (1.6)	3.0 (5.0)	
Coronary heart disease, n (%)	1 (25.0)	1 (9.1)	2 (33.3)	1 (11.1)	1 (20.0)	4 (33.3)	
Concomitant lipid-lowering therapy, n (%)	2 (50.0)	5 (45.5)	6 (100)	9 (100)	4 (80.0)	9 (75.0)	
Fibrates	1 (25.0)	4 (36.4)	5 (83.3)	8 (88.9)	4 (80.0)	6 (50.0)	
Statins	1 (25.0)	2 (18.2)	3 (50.0)	6 (66.7)	2 (40.0)	8 (66.7)	
High-intensity statins	0 (0.0)	1 (9.1)	1 (16.7)	4 (44.4)	1 (20.0)	7 (58.3)	
Nicotinic acid and derivatives	0	1 (9.1)	0	3 (33.3)	0	0	
Others ^b	2 (50.0)	4 (36.4)	5 (83.3)	7 (77.8)	0	6 (50.0)	
≥2 LLTs	1 (25.0)	4 (36.4)	6 (100.0)	7 (77.8)	2 (40.0)	6 (50.0)	
≥3 LLTs	1 (25.0)	2 (18.2)	2 (33.3)	6 (66.7)	0 (0.0)	5 (29.4)	
≥4 LLTs	0 (0.0)	0 (0.0)	0 (0.0)	2 (22.2)	0 (0.0)	1 (5.9)	
≥5 LLTs	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	
Concomitant antihyperglycemic drugs, n (%)	1 (25.0)	5 (45.5)	4 (66.7)	7 (77.8)	4 (80.0)	10 (83.3)	
Biguanides (metformin)	1 (25.0)	4 (36.4)	2 (33.3)	5 (55.6)	3 (60.0)	7 (58.3)	
Insulin (fast acting)	1 (25.0)	1 (9.1)	2 (33.3)	4 (44.4)	1 (20.0)	5 (41.7)	
Insulin (long acting)	1 (25.0)	2 (18.2)	3 (50.0)	3 (33.3)	3 (60.0)	4 (33.3)	
SGLT2 inhibitors	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	1 (8.3)	
GLP-1 inhibitors	0 (0.0)	0 (0.0)	0 (0.0)	1 (11.1)	1 (20.0)	1 (8.3)	

^aTime from diagnosis to study randomization. ^bIncludes omega-3-acid ethyl ester, omega-3 fatty acids, eicosapentaenoic acid ethyl ester, ezetimibe, fish oil, combination of docosahexaenoic acid, eicosapentaenoic acid and fish oil, eicosapentaenoic acid and omega-3 triglycerides. BMI, body mass index; CHD, coronary heart disease; DB, double blind; GLP-1, glucagon-like peptide-1; IV, intravenous; Q4W, every 4 weeks; SD, standard deviation; SGLT2, sodium glucose co-transporter 2

Extended Data Table 3 | Change in lipid/lipoprotein parameters from baseline to week 24

-	Cohort 1 DB evinacumab IV	Cohort 2 DB evinacumab IV	Cohort 3 DB evinacumab IV
	15 mg/kg Q4W ($n = 11$)	15 mg/kg Q4W (<i>n</i> = 9)	15 mg/kg Q4W (<i>n</i> = 12)
Fasting triglycerides, mg/dL			
Baseline, median (Q1:Q3)	3057.7 (2702.3:3977.7)	1238.0 (1020.3:2341.0)	1917.3 (1251.0:2688.3)
Percent change from baseline, median (Q1:Q3)	-7.7 (-31.8:9.1)	-75.7 (-82.3: -57.1)	-71.4 (-86.5: -54.0)
Intra-patient P-value	0.3203	0.1289	0.0425
Total cholesterol, mg/dL			
Baseline, mean (SD)	360.0 (119.9)	257.3 (136.5)	343.4 (146.6)
Percent change from baseline, mean (SD)	-32.0 (18.1)	-21.4 (55.4)	-21.3 (65.9)
Intra-patient P-value	<0.0001	0.2834	0.3438
Non-HDL-C, mg/dL Baseline, mean (SD)	341.3 (121.9)	219.8 (151.3)	320.0 (144.9)
Percent change from baseline,	-33.2 (20.9)	-14.2 (56.2)	-21.3 (78.4)
mean (SD)	0.0001		0.4371
Intra-patient <i>P</i> -value Remnant cholesterol, mg/dL	0.0001	0.4947	0.4371
Baseline, mean (SD)	319.3 (127.6)	174.1 (159.5)	253.9 (158.4)
Percent change from baseline,	-36.9 (27.1)	-28.8 (81.0)	-34.6 (114.8)
mean (SD) Intra-patient <i>P-</i> value	0.0007	0.3598	0.3338
LDL-C mg/dL ^a			
Baseline, mean (SD)	22.0 (15.9)	45.7 (25.5)	66.1 (67.2)
Percent change from baseline, mean (SD)	-18.0 (40.7)	35.5 (76.6)	37.7 (69.0)
Intra-patient <i>P</i> -value	0.4385	0.2040	0.0858
HDL-C, mg/dL Baseline, mean (SD)	18.7 (4.1)	37.6 (43.8)	23.4 (9.4)
Percent change from baseline,	-16.5 (34.5)	-27.7 (32.4)	21.6 (44.4)
mean (SD) Intra-patient <i>P</i> -value	0.1152	0.0050	0.0750
Total ApoB, mg/dL			
Baseline, mean (SD)	74.1 (29.9)	90.8 (14.8)	120.9 (50.1)
Percent change from baseline, mean (SD)	-12.9 (29.7)	-7.5 (21.3)	-5.7 (31.3)
Intra-patient <i>P</i> -value	0.1287	0.2388	0.6102
ApoB100, mg/dL			
Baseline, mean (SD) Percent change from baseline,	61.2 (32.4)	84.4 (10.4)	114.4 (55.8)
mean (SD)	-18.3 (35.8)	-3.7 (22.8)	-12.1 (33.2)
Intra-patient <i>P</i> -value ApoB48, mg/dL	0.1387	0.6873	0.4077
Baseline, mean (SD)	12.9 (7.8)	9.4 (8.4)	6.1 (3.7)
Percent change from baseline, mean (SD)	6.5 (71.9)	-33.7 (59.2)	-59.1 (35.8)
Intra-patient <i>P</i> -value	0.7369	0.7614	0.2226
ApoC3, mg/dL			
Baseline, mean (SD)	40.2 (11.7)	45.4 (26.2)	51.6 (26.8)
Percent change from baseline, mean (SD)	-23.5 (37.8)	-41.3 (39.1)	-29.1 (62.9)
Intra-patient P-value	0.0399	0.0533	0.1393
ApoA1, mg/dL Baseline, mean (SD)	103.9 (19.2)	114.1 (28.2)	121.9 (20.7)
Percent change from baseline,	-26.9 (12.3)	-27.2 (12.8)	-16.3 (18.4)
mean (SD) Intra-patient <i>P</i> -value	χ, γ		
Intra-patient <i>P</i> -value Lp(a), nmol/L	0.0001	<0.0001	0.0058
Baseline, median (Q1:Q3)	13.5 (8.0:23.0)	12.0 (9.0:76.0)	20.0 (9.0:38.5)
Percent change from baseline,	9.1	7.4	-22.7
median (Q1:Q3)	(-34.8:95.8)	(-31.1:29.4)	(-46.8:7.5)
Intra-patient P-value	0.5781	1.0000	0.2783

^aLDL-C was determined by ultracentrifugation. Apo, apolipoprotein; DB, double blind; HDL-C, high-density lipoprotein choleserol; IV, intravenous; LDL-C, low-density lipoprotein cholesterol; Lp(a), lipoprotein(a); Q1, first quartile; Q3, third quartile; Q4W, every 4 weeks; SD, standard deviation.

	DB Placebo/	SB Evinacumat Q4W (<i>n</i> = 15)	o IV 15 mg/kg		B Evinacumab/SB Evinacumab IV 15 mg/kg Q4W (<i>n</i> = 30)			SB Evinacumab Total		
	Value	Change from baseline	Percent change from baseline	Value	Change from baseline	Percent change from baseline	Value	(n = 45) Change from baseline	Percent change from baseline	
Baseline			Ruccinic			Rucomic			Ruccinic	
n	14	NA	NA	28	NA	NA	42	NA	NA	
Mean (SD)	0.00144 (0.000303)			0.00154 (0.000257)			0.00150 (0.000273)			
Median	0.00137			0.00149			0.00144			
Q1:Q3	0.00126: 0.00150			0.00136: 0.00171			0.00131: 0.00170			
Week 24										
n	14	13	13	25	24	24	39	37	37	
Mean (SD)	0.00141 (0.000293)	-0.00002 (0.000125)	–0.91 (8.433)	0.00154 (0.000260)	0.00000 (0.000186)	0.90 (11.305)	0.00149 (0.000275)	-0.00001 (0.000166)	0.27 (10.302)	
Median	0.00136	0.00003	2.10	0.00155	0.00000	0.27	0.00148	0.00001	0.41	
Q1:Q3	0.00123: 0.00152	-0.00012: 0.00008	-7.85: 3.71	0.00135: 0.00170	-0.00010: 0.00015	-6.98: 10.52	0.00132: 0.00166	-0.00012: 0.00011	-7.85: 9.27	

Extended Data Table 4 | Apparent diffusion coefficient over time - MRI analysis set during the SBTP

DB, double blind; IV, intravenous; MRI, magnetic resonance imaging; Q4W, every 4 weeks; SB, single-blind; SBTP, single-blind treatment period; SD, standard deviation.

Extended Data Table 5 | Pancreas SUV mean and SUV max

	Pancreas SUV mean					
	DB placebo IV Q4W (<i>n</i> = 12)	DB evinacumab 15 mg/kg IV Q4W (<i>n</i> = 25)				
Baseline						
Mean (SD)	1.21 (0.25)	1.48 (0.20)				
Median	1.16	1.47				
Q1:Q3	1.03:1.31	1.35:1.59				
Week 12						
Mean (SD)	1.39 (0.26)	1.47 (0.34)				
Median	1.38	1.46				
Q1:Q3	1.22:1.55	1.39:1.62				
	Pancrea	s SUV max				
Baseline						
Mean (SD)	2.31 (0.62)	2.74 (0.60)				
Median	2.1	2.69				
Q1:Q3	1.9:2.46	2.27:3.06				
Week 12						
Mean (SD)	2.89 (1.05)	2.92 (0.65)				
Median	2.49	2.94				
Q1:Q3	2.29:3.29	2.42:3.26				

DB, double blind; IV, intravenous; Q4W, every 4 weeks; SD, standard deviation; SUV, standardized uptake value

	DB Placebo/	SB Evinacumal	o IV 15 mg/kg		Evinacumab/SB Evinacumab IV 15			SB Evinacumab Total		
		Q4W (<i>n</i> = 15)		m	g/kg Q4W (<i>n</i> = 3	30)	(<i>n</i> = 45)			
	Value	Change from baseline	Percent change from baseline	Value	Change from baseline	Percent change from baseline	Value	Change from baseline	Percent change from baseline	
Baseline										
n	11	NA	NA	16	NA	NA	27	NA	NA	
Mean (SD)	20.866 (9.7585)			17.230 (9.2023)			18.711 (9.4232)			
Median	23.470			16.500			16.870			
Q1:Q3	12.710: 27.370			11.180: 19.945			11.290: 24.150			
Week 24										
n	10	10	10	17	16	16	27	26	26	
Mean (SD)	23.586 (13.3197)	3.936 (11.3271)	26.24 (60.843)	16.226 (8.8489)	-0.430 (9.0839)	8.79 (45.985)	18.952 (11.0778)	1.249 (10.0195)	15.50 (51.734)	
Median	21.315	1.665	11.57	13.750	1.130	12.94	17.470	1.595	12.94	
Q1:Q3	16.370: 32.220	-6.680: 10.920	-22.93: 39.90	9.670: 20.100	-2.835: 5.550	-23.25: 40.35	10.710: 25.160	-4.180: 6.260	-22.93: 39.90	

Extended Data Table 6 | Percent hepatic fat fraction over time during the SBTP

DB, double blind; IV, intravenous; MRI, magnetic resonance imaging; Q4W, every 4 weeks; SB, single-blind; SBTP, single-blind treatment period; SD, standard deviation.

nature portfolio

Corresponding author(s): Dr Robert S Rosenson

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Reporting Summary

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Statistics

For	all st	atistical analyses, confirm that the following items are present in the figure legend, table legend, main text, or Methods section.
n/a	Cor	firmed
	\boxtimes	The exact sample size (n) for each experimental group/condition, given as a discrete number and unit of measurement
\boxtimes		A statement on whether measurements were taken from distinct samples or whether the same sample was measured repeatedly
		The statistical test(s) used AND whether they are one- or two-sided Only common tests should be described solely by name; describe more complex techniques in the Methods section.
\boxtimes		A description of all covariates tested
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		A full description of the statistical parameters including central tendency (e.g. means) or other basic estimates (e.g. regression coefficient) AND variation (e.g. standard deviation) or associated estimates of uncertainty (e.g. confidence intervals)
		For null hypothesis testing, the test statistic (e.g. <i>F</i> , <i>t</i> , <i>r</i>) with confidence intervals, effect sizes, degrees of freedom and <i>P</i> value noted <i>Give P values as exact values whenever suitable</i> .
\boxtimes		For Bayesian analysis, information on the choice of priors and Markov chain Monte Carlo settings
\boxtimes		For hierarchical and complex designs, identification of the appropriate level for tests and full reporting of outcomes
\boxtimes		Estimates of effect sizes (e.g. Cohen's d, Pearson's r), indicating how they were calculated
		Our web collection on <u>statistics for biologists</u> contains articles on many of the points above.

Software and code

Policy information about <u>availability of computer code</u>							
Data collection	Not applicable						
Data analysis	Clinical data were analyzed using SAS 9.4. Genomic sequence reads were mapped and aligned using BWA-mem. SNP and INDEL variants and genotypes were called using GATK's HaplotypeCaller.						

For manuscripts utilizing custom algorithms or software that are central to the research but not yet described in published literature, software must be made available to editors and reviewers. We strongly encourage code deposition in a community repository (e.g. GitHub). See the Nature Portfolio guidelines for submitting code & software for further information.

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All manuscripts must include a data availability statement. This statement should provide the following information, where applicable:

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- A description of any restrictions on data availability
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Qualified researchers may request access to study documents (including the clinical study report, study protocol with any amendments, blank case report form, and statistical analysis plan) that support the methods and findings reported in this manuscript. Individual anonymized participant data will be considered for sharing once the product and indication has been approved by major health authorities (e.g., FDA, EMA, PMDA, etc.), if there is legal authority to share the data and there is

not a reasonable likelihood of participant re-identification. Submit requests to https://vivli.org/.

GRCh37/hg19 human genome reference assembly can be accessed via https://www.ncbi.nlm.nih.gov/data-hub/genome/GCF_000001405.40/ The following population control databases were utilized: dbSNP, accessed via https://www.ncbi.nlm.nih.gov/snp/; the 1000 Genomes Project, accessed via https:// www.internationalgenome.org/; and the Exome Aggregation Consortium Database, accessed via https://gnomad.broadinstitute.org/.

Human research participants

Policy information about studies involving human research participants and Sex and Gender in Research.

Reporting on sex and gender	The findings are applicable to all sexes and genders. Sex and/or gender was not considered in the study design. The sex of participants was self-reported, and was summarized as part of the baseline characteristic information collected for the trial. Overall, the randomized population who received treatment included 27 (52.9%) males and 24 (47.1%) females.
	No sex- or gender-based analyses have been performed as these were not pre-specified in the study protocol/statistical analysis plan for this trial. Post-hoc sex- or gender-based analyses have not been performed due to the small sample sizes within treatment groups.
Population characteristics Male or female adults aged 18 to 75 years with severe severe hypertriglyceridemia (fasting serum triglycerides >5 screening on two separate occasions; documented medical history of fasting triglycerides ≥1000 mg/dL) with a his hospitalization for acute pancreatitis were enrolled based on genotype according to the presence of LOF mutation pathway genes.	
Recruitment	Patients were recruited at 17 study sites across four countries (Canada, Italy United Kingdom, and United States). Efforts were made to select sites with a large population of well-characterized patients who have previously undergone gene sequencing and other procedures to understand the etiology of their hypertriglyceridemia. All participants were assessed for eligibility based on predefined study inclusion/exclusion criteria, as assessed during the screening visit. The small number of patients recruited and the variability in their serum triglycerides are a limitation of this trial and may influence the interpretation of the results.
Ethics oversight	Quorum Review, Comitato Etico dell Universita, Policlinico Umberto I di Roma, North West – Greater Manchester South Research Ethics Committee, The University of Pennsylvania Institutional Review Board, The University of Texas Institutional Review Board, Western IRB, Human Research Protection Program The University of Kansas Medical Center, Copernicus IRB

Note that full information on the approval of the study protocol must also be provided in the manuscript.

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Life sciences 📃 Behavioural & social sciences 📃 Ecological, evolutionary & environmental sciences

For a reference copy of the document with all sections, see <u>nature.com/documents/nr-reporting-summary-flat.pdf</u>

Life sciences study design

All studies must disclose on these points even when the disclosure is negative.

Sample size	This study randomized 52 patients with severe hypertriglyceridemia into three cohorts based on genotype: Cohort 1, familial chylomicronemia syndrome (FCS) patients with bi-allelic loss-of-function (LOF) lipoprotein lipase (LPL) pathway mutations; Cohort 2, multifactorial familial chylomicronemia syndrome (MCS) patients with heterozygous LOF LPL pathway mutations; Cohort 3, MCS patients without identified LPL pathway mutations. The primary endpoint was the mean intra-patient percent change in triglycerides from baseline following 12 weeks of evinacumab treatment in Cohort 3 patients. Exploratory objectives included an assessment of the effect of evinacumab versus placebo on the development of pancreatitis. Assuming a 20% drop out rate, a sample size 30 patients was considered adequate to analyze the percent change in triglycerides in the 3 genetic cohorts. To explore the effect of evinacumab on the development of pancreatitis, additional patients (up to a maximum of approximately 50 patients) were enrolled.			
Data exclusions	There were no data exclusions.			
Replication	As noted above, the study enrolled 52 patients, 51 of whom received study treatment during the double-blind treatment period. Patient data was analyzed according to treatment arm and by cohort at each study visit as described in the Methods section. Participant n numbers are provided in the text and figures, as appropriate.			
Randomization	Fifty-two patients were randomized 2:1 (evinacumab:placebo) to receive intravenous evinacumab 15 mg/kg IV every 4 weeks (Q4W) or matching placebo Q4W for the 12-week double-blind treatment period, followed by a 12-week single-blind treatment period where all patients received evinacumab.			
Blinding	Principal investigators, study site personnel and study patients were blinded to treatment during the 12-week double-blind treatment period. Blinding was not applicable for the 12-week single-blind treatment period.			

Reporting for specific materials, systems and methods

We require information from authors about some types of materials, experimental systems and methods used in many studies. Here, indicate whether each material, system or method listed is relevant to your study. If you are not sure if a list item applies to your research, read the appropriate section before selecting a response.

Materials & experimental systems		Methods	
n/a	Involved in the study	n/a	Involved in the study
	X Antibodies	\boxtimes	ChIP-seq
\boxtimes	Eukaryotic cell lines	\boxtimes	Flow cytometry
\boxtimes	Palaeontology and archaeology	\boxtimes	MRI-based neuroimaging
\boxtimes	Animals and other organisms		
	🔀 Clinical data		
\boxtimes	Dual use research of concern		

Antibodies

Antibodies used	Evinacumab-dgnb	
Validation	Evinacumab-dgnb is an angiopoietin-like protein 3 (ANGPTL3) inhibitor monoclonal	
	antibody (IgG4 isotype) produced by recombinant DNA technology in Chinese hamster ovary (CHO) cell suspension culture. Evinacumab-dgnb has an approximate molecular	
	weight of 146 kDa. For further information, please see the prescribing information, which may be found here: https://	
	www.regeneron.com/downloads/evkeeza_pi.pdf	

Clinical data

Policy information about clinical studies All manuscripts should comply with the ICMJE guidelines for publication of clinical research and a completed CONSORT checklist must be included with all submissions. ClinicalTrials.gov NCT03452228, EudraCT 2016-003307-62 Clinical trial registration Study protocol Qualified researchers may request access to the study protocol at https://vivli.org/. Patient data was collated in a clinical setting, and all study locations are detailed on ClinicalTrials.gov. The time period for recruitment Data collection and data collection ran from June 07, 2018 to July 23, 2020. The study was conducted at 17 sites across four countries (Canada, 2 sites [Quebec]; Italy, 2 sites [Naples, Rome]; UK, 4 sites [Manchester, London, Birmingham]; USA, 9 sites [Philadelphia, Dallas, Pennsylvania, Kansas City, Milwaukee, Houston, New York, Atlanta, Boca Raton). Further details are provided in the Supplementary Information. The pre-defined primary endpoint was percent triglyceride lowering from baseline following 12 weeks of evinacumab treatment in Outcomes patients without LOF mutations in genes in the LPL pathway (Cohort 3). The pre-defined secondary endpoints were: 1. Percent triglyceride lowering from baseline following 2 to 24 weeks of evinacumab treatment in the overall study population, and in subgroups with homozygous or compound heterozygous LOF LPL pathway mutations (Cohort 1), heterozygous LOF LPL pathway mutations (Cohort 2), and without identified LPL pathway mutations (Cohort 3). 2. Changes in patient reported abdominal and gastrointestinal symptoms, dietary habits, and symptom/dietary impact measures, assessed via questionnaires. 3. Degree of pancreatic injury/inflammation through fluorine-18-fluorodeoxyglucose positron emission tomography/computed tomography (18F-FDG-PET) imaging at baseline (placebo run-in period) and change from baseline following 12 weeks of treatment with evinacumab as assessed by 18F-FDG standardized uptake values. 4. Degree of pancreatic injury/inflammation through diffusion-weighted magnetic resonance imaging at baseline (placebo run-in period) and change from baseline following 12 and 24 weeks of treatment with evinacumab as assessed by the apparent diffusion coefficient. 5. The total evinacumab concentrations, total angiopoietin-like 3 (ANGPTL3) concentrations, and anti-evinacumab antibody concentrations during evinacumab treatment and follow-up periods. Serum samples were collated at specified time points for the determination of these parameters. 6. Incidence and severity of treatment-emergent adverse events, serious adverse events, laboratory abnormalities, and other safety variables in patients treated with evinacumab. Laboratory safety assessments were based on blood and urine samples collated at