

UW Medicine
SCHOOL OF MEDICINE

University of Washington
Office of Continuing Medical Education
Box 359558
Seattle, WA 98195-9558

Diabetes Update for Primary Care Providers
November 3, 2017

REGISTER ONLINE

uwcmc.org



UW Medicine

UW SCHOOL
OF MEDICINE

Diabetes Update for Primary Care Providers

Friday, November 3, 2017
Hemmingson Center, Grand Ballroom
Gonzaga University
Spokane, WA



Sponsored by the University of Washington School of Medicine
Department of Medicine, Division of Metabolism, Endocrinology and Nutrition
Office of Continuing Medical Education

Diabetes Update for Primary Care Providers

November 3, 2017

WHO SHOULD ATTEND

Primary care providers including family practice physicians, internists, physician assistants, advanced nurse practitioners, nurses and anyone with an interest in diabetes care.

COURSE DESCRIPTION

This is a new one-day course on diabetes geared towards primary care providers. There is an immense need for provider education as the incidence of diabetes in the general population reaches 10%; primary care clinics carry the major burden of these patients. Didactic lectures and interactive workshops offered in this program will provide key information on current classification of diabetes, glycemic targets, as well as effective diagnostic and management strategies using available therapeutic modalities. Important highlights of this course include an update on the cardiovascular outcome trials of pharmacologic agents for diabetes and cost effective disease management. Offerings also include workshops which provide interactive case discussions on effective insulin use, lipid therapy, inpatient glycemic management, and newer diabetes technologies.

COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to:

- Identify and appropriately diagnose the type of diabetes for any given patient.
- Recommend appropriate nutritional interventions for individuals with diabetes.
- Discuss new therapeutics and older agents to treat diabetes.
- Recognize cardiovascular benefits of therapies for diabetes.
- Identify and appropriately manage complications in diabetes.
- Manage diabetes in a cost-effective manner.

ACCREDITATION

Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



Credit Designation

The University of Washington School of Medicine designates this live activity for a maximum of 7.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

MD/DO/PhD	\$300.00
Allied Health	\$250.00
Resident/ Fellow*	\$150.00
<i>*Resident/Fellow rate requires written confirmation of current resident/fellow status</i>	

FEES AND REGISTRATION

The fee for this course includes catering, all electronic instruction materials and transcript of AMA PRA Category 1 Credits™. To enroll, please register online at uwcme.org. Allow up to fifteen working days to receive your email confirmation of enrollment. If you have not received confirmation prior to your departure for the course, please contact the Continuing Medical Education office at 206.543.1050. Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed and for whom space is not available at the course.

Friday, November 3, 2017

7:30 **Registration and Continental Breakfast**

8:00 Welcome & Introduction
Irl Hirsch, MD

8:05 Diagnosis, Classification, and Diabetes Biomarkers in 2017
Irl Hirsch, MD

8:50 Nutrition Therapy for the Primary Care Provider
Alison Evert, MS, RD, CDE

9:35 Non-Insulin Therapies for Type 2 Diabetes
Carol Wysham, MD

10:20 **Break**

10:40 Insulin Therapies for Type 2 Diabetes
Savitha Subramanian, MD

11:25 Diabetes Complications for the Primary Care Provider: An Update
Brent Wisse, MD

12:15 **Lunch (provided)**

1:15 Diabetes Drugs and Cardiovascular Outcomes
Savitha Subramanian, MD

2:00 Diabetes on a Budget
Irl Hirsch, MD

2:50 **Break**

Workshop Sessions 1 & 2 (choose one for each session)

A. Diabetes Technology for the Primary Care Provider
Alison Evert, MS, RD, CDE

B. Difficult Diabetes Cases: Effective Insulin Use
Irl Hirsch, MD

C. Inpatient Insulin Strategies
Brent Wisse, MD

D. Difficult Lipid Cases
Savitha Subramanian, MD

3:10 Workshop Session 1

3:55 **Break**

4:00 Workshop Session 2

4:45 **Adjourn**

5:00 Meet and Greet - Wine and cheese reception for participants and faculty

VISIT THE COURSE WEBSITE FOR SPECIFIC DETAILS AND REGISTRATION
Register Online: uwcme.org

UW School of Medicine | Continuing Medical Education
Email: cme@uw.edu | Phone: 206.543.1050