

WOMEN'S HEALTH CARE UPDATE



Thursday & Friday March 26-27, 2020

ONLINE WEBINAR via ZOOM

Sponsored by UW School of Medicine Department of Obstetrics & Gynecology Office of Continuing Medical Education

TARGET AUDIENCE

Women's Health Care Update is intended to address the target audiences of physicians, residents, fellows, hospitalists, and community based physicians and providers, all who practice in the area of primary health care for women.

COURSE DESCRIPTION

This conference is an annual update for women's health care providers on current topics relevant to women's health. The topics are selected from suggestions from previous course attendees, areas with substantial change, and controversial subjects where medical opinions may differ. The purpose is to provide a clinical update for providers who care for women in an outpatient setting. The format is a series of short lectures followed by question and answer sessions.

In the rapidly evolving field of medicine, it is important that physicians and providers continue life-long learning to provide the best care possible for their patients. Women's Health Care Update provides an opportunity to disseminate information on various topics including technology, disease states, new treatment guidelines, risk management, quality and process improvement. The American Board of Medical Specialties has developed six core competencies and a four-part process for continuous learning. The Women's Health Care Update is one method to provide educational programs to help physicians maintain competency.

COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to provide the following for women:

- Understand limitations of current research about medical effects of marijuana.
- Manage recurrent urinary tract infection, and urinary incontinence.
- Manage early pregnancy loss, pregnancy of unknown location and acute abnormal uterine bleeding.
- Understand unique care needed for refugees and victims of trauma.
- Provide care for women with sexual dysfunction or pelvic pain.
- Be familiar with updates in endometrial and cervical cancer care.

ACCREDITATION

Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation

The University of Washington School of Medicine designates this live activity for a maximum of 15.5 AMA PRA Category 1



CreditsTM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

FEES AND REGISTRATION

COURSE FI	EES
MD/DO/PhD	\$425
Allied Health	\$375
*Resident/Fellow	\$150
*Resident/Fellow rate re confirmation of curr	

UW CME is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. The course fees are estimated to include transcript of AMA PRA Category 1 CreditsTM, access to online instruction materials, catering, taxes, faculty planning, salaries, venue and logistics.

To enroll, please complete the enclosed registration form and include payment or register online at uwcme.org. Allow up to fifteen working days to receive your email confirmation of enrollment. If you have not received confirmation prior to your departure for the course, please contact the CME office at 206.543.1050. Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed if space is not available at the course.

ONLINE CONFERENCE MATERIALS

Syllabus material for conference registrants will be available online at **uwcme.org** by **March 23**, **2020.** Registrants may print and/or download the materials. A handout with the agenda and pages for note-taking will be provided at the conference (printed handouts of presentations will not be provided).

ATTENDANCE POLICY

Course activities are exclusively reserved for course attendees. Badges provided at registration are required for entrance into all functions and will be strictly enforced. In consideration of other participants and speakers, please do not bring infants/children into conference sessions.

CANCELLATION POLICY

The Office of Continuing Medical Education must receive written notification of your cancellation by March 12, 2020. A \$75.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued following March 12, 2020. The Office of Continuing Medical Education reserves the right to cancel this course twenty days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified by telephone followed by written notification and a full refund. The University of Washington is not responsible for any other costs incurred such as non-refundable airline tickets or hotel penalties. Contact the CME Office with questions: call 206.543.1050 or email cme@uw.edu.

SPECIAL SERVICES

Please inform the CME Office ten days in advance of the conference start date if you will need to utilize lactation services.

UW CME takes into consideration diverse nutritional preferences and restrictions when planning our complimentary menu. However, those individuals who might find that our menu is not completely aligned to their specific nutritional needs are welcome to bring their own food items.

The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, sexual orientation, age, marital status, disability, or status as a disabled veteran or Vietnam era veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation please contact the Disability Services Office at least ten days in advance.

Disability Services Office

206.543.6450/Voice • 206.543.6452/TTY • 206.685.7264/Fax • e-mail: dso@uw.edu

Course Faculty

COURSE CO-CHAIRS

Alson Burke, MD

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Department of Obstetrics & Gynecology

Carolyn Gardella, MD, MPH

Professor

Department of Obstetrics & Gynecology

GUEST SPEAKER

Dina Gordon, MD

Obstetrician/Gynecologist Swedish Medical Group Seattle, WA

FACULTY

Catherine Albright, MD, MS

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Department of Obstetrics & Gynecology

Anne-Marie Amies, MD

Professor

Department of Obstetrics & Gynecology

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Department of Medicine

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Division of Gynecourology

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Seattle Children's

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Division of General Internal Medicine

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Division of General Internal Medicine

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Associate Professor

Department of Psychiatry & Behavioral

Sciences

Gretchen Lentz, MD

Professor

Division Director

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Department of Obstetrics & Gynecology

Vicki Mendiratta, MD

Associate Professor

Department of Obstetrics & Gynecology

Heath Miller, MD

Clinical Associate Professor

Department of Obstetrics & Gynecology

Melissa Paulen, MD, MPH

Fellow

Department of Obstetrics & Gynecology

Thursday, March 26, 2020

7:30 Registration and Continental Breakfast

- 8:00 What the Science Says (Or Hasn't Yet Said) About Cannabis/Marijuana: Implications for Health Care Settings and Patient Visits Jason Kilmer, PhD
- 8:40 Trauma and Immigrant Health Mahri Haider, MD, MPH
- 9:20 Endometrial Cancer Update Kemi Doll, MD, MCSR

10:00 Break

- 10:15 Premenstrual Dysphoric Disorder Vicki Mendiratta, MD
- 10:55 Reproductive Impact of Congenital Heart Disease Catherine Albright, MD, MS
- 11:35 Billing Pearls
 Justin Junn, MD, MBA

12:15 Lunch break

- 1:00 Outpatient Treatment of UTI Chloe Bryson-Cahn, MD
- 1:40 Female Sexual Dysfunction Dilemmas Gretchen Lentz, MD
- 2:20 Diagnosis and Management of Urinary Incontinence Michael Fialkow, MD, MPH

3:00 Break

- 3:15 Choosing A Contraceptive Pill and Managing Symptoms Melissa Paulen, MD, MPH
- 3:55 Counseling Adolescents and Young Adults About Relationship and Sexual Health Anne-Marie Amies, MD
- 4:35 Management of Early Pregnancy Loss Lyndsey Benson, MD, MS

5:15 Adjourn

Friday, March 27, 2020

7:30	Sign-In and Continental Breakfast
8:00	Common Questions About Cervical Cancer Screening Answered Seine Chiang, MD
8:40	Managing Opioid Use Disorder in Primary Care Jocelyn James, MD
9:20	Genetic Counseling: A View From The Trenches Robin Bennett, MS, CGC, ScD Hon
10:00	Break
10:15	Eating Disorders in Adolescents Sarah Golub, MD, MPH
10:55	Management of Pelvic Pain Heath Miller, MD
11:35	Trauma Informed Care: Understanding and Approach Stefanie Deeds, MD
12:15	Lunch break
1:00	Vaginitis 411 Carolyn Gardella, MD, MPH
1:40	Friend or Foe? Pregnancy of Unknown Location Joelle Lucas, MD
2:20	Management of Acute Abnormal Uterine Bleeding Esther Fuchs, MD
3:00	Break
3:15	Legislative Updates Alson Burke, MD
3:55	The Fourth Trimester Dina Gordon, MD
4:45	Adiourn

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	COURSE FEES	
H	MD/DO/PhD	\$425
120	Allied Health	\$375
M	*Resident/Fellow	\$150
	*Resident/Fellow rate requires written confirmation	confirmation
	of current status	

REGISTRATION

First	MI Last	ast	
Professional Title \square MD \square DO \square PhD \square RN \square ARNP \square PA \square Other:	RN DARNP	□ PA □ Other:	
Street			PECICEDATIONS DECICEDATIONS
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PAYMENT *Residency Pr	*Residency Program, if applicable _	icable	UW CME Box 359558
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98195-9558

☐ Credit Card (please note	(please note a payment link will be sent)			206.221.4525
□ UW Budget	Budget Name		Budget #	CALL:
Box #	Proj	Opt	Task	206.543.1050

Register online at <u>uwcme.org</u>