

University Hospitals Primary Care Institute 2020 Wellness Symposium



Saturday, February 29, 2020

Corporate College East

4400 Richmond Road, Warrensville Heights, Ohio 44128

PRESENTED BY:



SPONSORED BY:



EDUCATIONAL DESIGN AND METHODOLOGY

The program will consist of didactic lectures followed by a question and answer session and panel discussion.

LEARNING OBJECTIVES

After attending this program, participants will be able to:

- Identify BMI parameters for obesity classifications and the corresponding treatment recommendations, and identify UH resources for nutrition/dietary interventions, comprehensive weight management programs and bariatric surgery indications.
- Utilize an appropriate screening tool to identify patients at risk for obstructive sleep apnea (OSA) and educate patients on the importance of identifying and treating OSA.
- Appropriately order PSG testing for OSA (home sleep testing vs in-lab testing), interpret PSG test results and devise a treatment plan accordingly.
- Recognize critical lab levels for common PCP orders and patient risk for specific critical lab levels and appropriate urgency of management.
- Develop a plan to acknowledge receipt of critical lab alerts and patient notification to minimize risk to patient outcome, and appropriately order drug testing for specific patient conditions or medication management, including opiates, benzodiazepines, stimulants, tramadol and drugs of abuse.
- Manage a patient with chronic rhinosinusitis, environmental allergies or allergic contact dermatitis.
- Define normal vs abnormal liver chemistry tests and recognize how to approach a patient with abnormal liver chemistries.
- Identify the diagnostic criteria for adult ADHD and their relationship to pediatric manifestations, recognize the different manifestations of unrecognized/untreated adult ADHD and treatment options, and identify the impact of ADHD on life expectancy.

WHO SHOULD ATTEND

This event is designed for health care providers of primary care services, including physicians, nurse practitioners and physician assistants (APPs). Residents and students may also find this program to have educational value.



CONTINUING EDUCATION

PHYSICIANS

Case Western Reserve University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Case Western Reserve University School of Medicine designates this live activity for a maximum of 4.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

FAMILY PHYSICIANS

This Live activity, UH Primary Care Institute 2020 Wellness Symposium, with a beginning date of 02/29/2020, has been reviewed and is acceptable for live 4.00 prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the textent of their participation in the activity.

AOA

CME activities approved for AAFP credit are recognized by the AOA as equivalent to AOA Category 2 credit.

NURSES AND PHYSICIAN ASSISTANTS

The American Nurses Credentialing Center (ANCC) and the American Academy of Physician Assistants (AAPA) accept *AMA PRA Category 1 Credits™* toward recertification requirements.

REGISTRATION INFORMATION

Registration includes tuition, access to educational materials (available online) and continental breakfast. Registration fees are refundable if a participant cancels by February 25, 2020. No refunds will be made after February 25.

For those participating in the Healthy UH program, attendance at this activity will provide 25 education and 25 engagement points.

Persons with special needs who require additional assistance should call the CME Program at (216) 983-1239 or (800) 274-8263 not less than two weeks prior to the program.

PROGRAM AGENDA

7:30 – 7:55 a.m.	Registration and Continental Breakfast
7:55 – 8 a.m.	Welcome and Introduction Roy Buchinsky, MD; Todd Zeiger, MD
8 – 8:35 a.m.	BMI: Be Mindful of Interventions...UH Resources for My Overweight/Obese Patients Leena Khaitan, MD
8:35 – 9:10 a.m.	Obstructive Sleep Apnea: How Do I Screen, Test and Treat? Ambrose Chiang, MD
9:10 – 9:55 a.m.	Keynote Presentation: Common Lab Conundrums - STD Testing, ID Serology, Drug Testing and Other Selected Topics Christine Schmotzer, MD
9:55 – 10:10 a.m.	Break
10:10 – 10:45 a.m.	Allergies - The Good, the Bad and the Ugly Samuel Friedlander, MD
10:45 – 11:20 a.m.	The ABCs of LFTs Stanley Cohen, MD
11:20 – 11:55 a.m.	ADHD - Diagnosis and Treatment Options in 2020 Max Wiznitzer, MD
11:55 – 12:15 p.m.	Panel Discussion / Question and Answer Session
12:15 – 12:45 a.m	Conference Adjourns

SPEAKERS

KEYNOTE SPEAKER

Christine Schmotzer, MD

Chief, Division of Clinical Pathology
Director, Point of Care Testing
UH Cleveland Medical Center
Co-Director, Diagnostic Institute
University Hospitals
Assistant Professor of Pathology
Case Western Reserve University
School of Medicine

FACULTY

Roy Buchinsky, MD

Director of Wellness, UH Primary Care Institute
Clinical Assistant Professor of Medicine
Case Western Reserve University
School of Medicine

Ambrose Chiang, MD

Director, Sleep Medicine
University Hospitals
Clinical Associate Professor of Medicine
Case Western Reserve University
School of Medicine

Stanley Cohen, MD

Division of Gastroenterology
University Hospitals
Professor of Medicine
Case Western Reserve University
School of Medicine

Samuel Friedlander, MD

Division of Allergy & Immunology
University Hospitals
Clinical Assistant Professor of
Medicine & Pediatrics,
Case Western Reserve University
School of Medicine

Leena Khaitan, MD

Director, Bariatric Surgery Program
University Hospitals
Professor of Surgery,
Case Western Reserve University
School of Medicine

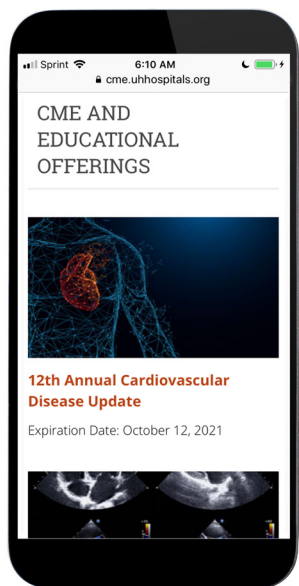
Max Wiznitzer, MD

Division of Pediatric Neurology
UH Cleveland Medical Center
Professor of Pediatrics
Case Western Reserve University
School of Medicine

Todd Zeiger, MD

Quality Medical Director
UH Primary Care Institute

On Demand Grand Rounds and Continuing Medical Education



BENEFITS INCLUDE:

- Free CMEs accessible anytime, anywhere
- Broad topic coverage in cardiovascular medicine and surgery
- Nationally and internationally renowned experts
- View annual Cardiovascular Disease Update and Vascular Disease Update courses
- Activities have been approved for *AMA PRA Category 1 Credit™*

Available online at

UHhospitals.org/CVCME.

FACULTY DISCLOSURE

The policy of Case Western Reserve University School of Medicine CME Program requires that the Activity Director, planning committee members and all activity faculty (that is, anyone in a position to control the content of the education activity) disclose to the activity participants all relevant financial relationships with commercial interests. Disclosure will be made to activity participants prior to commencement of the activity. Case Western Reserve University School of Medicine CME Program also requires that faculty make clinical recommendations based on the best available scientific evidence and that faculty identify any discussion of “off-label” or investigational use of pharmaceutical products or medical devices.

This program may be supported by grants from industry. A complete list of supporters will be provided in the syllabus materials distributed at the meeting. Acceptance of funding in support of this program does not constitute endorsement of any product or manufacturer.

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REGISTRATION FORM

TUITION AND FEES

Physicians.....	\$50
Residents/Fellows	\$25
Nonphysicians.....	\$25

WAYS TO REGISTER

1. Register online at <https://cwru.cloud-cme.com/Wellness2020> with your credit card, through February 27.
2. Mail this registration form with your check payable to Case Western Reserve University or credit card number to:
Registrar, CME Program
Continuing Medical Education Program
10524 Euclid Avenue, Cleveland, OH 44106-6026.
3. Fax this form with your credit card number to **216-201-6749**.

Name	Social Security number (last 4 digits)	
Degree		
Mailing address		
City	State	ZIP
Email	Business phone	
Dietary restrictions		

METHOD OF PAYMENT

☐ Enclosed is my check payable to **Case Western Reserve University**

Pay by credit card:

☐ Visa ☐ MasterCard ☐ Discover Card

Card number	
Expiration date	Security code on back
Amount paid	Authorized signature