



5TH ANNUAL INTEGRATIVE HEALTH SYMPOSIUM: TRANSFORMING HEALTHCARE: The Non-Pharmacological Approach to Pain | Clinician Well-Being

FRIDAY, SEPTEMBER 14, 2018

Hilton Cleveland Downtown, 100 Lakeside Avenue East, Cleveland, Ohio 44114

Presented by:



University Hospitals
Connor Integrative Health Network

Sponsored by:



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FACULTY

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POLICY DISCLOSURE

The policy of Case Western Reserve University School of Medicine CME Program requires that the Activity Director, planning committee members and all activity faculty (that is, anyone in position to control the content of the educational activity) disclose to the activity participants all relevant financial relationships with commercial interests. Disclosure will be made to activity participants prior to the commencement of the activity. Case Western Reserve University School of Medicine CME Program also requires that faculty make clinical recommendations based on the best available scientific evidence and that faculty identify any discussion of "off-label" or investigational use of pharmaceutical products or medical devices.

PROGRAM AGENDA

7:15 am	Registration opens
7:30 am	Yoga
8:00 am	Breakfast/Registration Continues
8:30 am	Welcome and Meditation Francoise Adan, MD
8:45 – 9:30 am	The Radical Redesign of Healthcare: The Why, What and How Tracy Gaudet, MD
9:30 – 10:15 am	Policy and Action in Integrative Health: Moving to Patient-Driven, Whole Person Care for All Margaret Chesney, PhD
10:15 – 10:30 am	Break
10:30 – 10:45 am	Patient Perspective
10:45 – 11:15 am	Overhauling our Pain Paradigms to Reduce Opiate Use in Primary Care Jeffrey Janata, PhD
11:15 am – 12:00 pm	Effectiveness of Integrative Medicine Interventions Provided to Hospitalized Patients on Their Pain Jeffery Dusek, PhD
12:00 – 1:30 pm	Lunch/Visit Exhibitors/Services Services to be offered at the Symposium: Acupuncture, Massage, Yoga, Art Therapy, Music Therapy, Guided Imagery
1:00 – 1:30 am	Breakout Session: Ohio Law and UH Guidelines Update Sean Hoynes, MD
1:30 – 3:15 pm	<i>Services Continued</i> Manual Therapies: Effective Hands-On Treatments for Pain David Vincent, DC The Interventional Pain Referral Ankit Maheshwari, MD Interdisciplinary Pain Team Model Seneca Block, MT-BC & Susan Ratay, DO, MEd Acupuncture: A Pain Management Solution Christine Kaiser, MS, LAc, LCH, FABORM
3:15 – 3:30 pm	Break
3:30 – 4:15 pm	The Art of Compassion Francoise Adan, MD
4:15 – 4:30 pm	Closing Remarks / Conference Adjourns

LEARNING OBJECTIVES

After attending this symposium participants will be able to:

- Recognize the consequences of pharmacological treatment of pain including the opiate crisis
- Delineate the core drivers for the transformation of healthcare and define the critical elements of a health care system that is designed to empower and equip people to optimize their health and well-being
- Identify nonpharmacological tools for the treatment of pain
- Discuss a multidisciplinary approach to the treatment of pain
- Recognize the mechanism and benefits of, and indications for, acupuncture, massage, mind-body therapies, music therapy and yoga
- Discuss the impact of opiate prescription on addiction and overdose

Meeting Location

Hilton Cleveland Downtown, 100 Lakeside Avenue East
Cleveland, Ohio | (216) 413-5000

The Hilton Cleveland Downtown is located in the heart of Cleveland's vibrant downtown area. The conference will be held in the Superior Ballroom on the 5th level of the hotel. Persons with disabilities should inform Hilton staff of any special services required.

Parking

Valet parking is available at the Lakeside Avenue entrance to the Hilton and in various surface lots in the downtown area. You are responsible for your own parking charges.

Accommodations

A room block has been reserved at the Hilton Cleveland Downtown for the nights of Thursday and Friday, September 13 and 14. Our block is limited and expires August 16, 2018. Reservations can be made online at <https://book.passkey.com/e/49710762> or by telephone (216-413-5000). Please identify yourself as being with the Integrative Medicine Symposium for a rate of \$239.00/night, plus tax.

CONTINUING EDUCATION

Physicians

Case Western Reserve University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Case Western Reserve University School of Medicine designates this live activity for a maximum of 6.0 *AMA PRA Category 1 Credits™*.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Psychologists

Case Western Reserve University School of Medicine is approved by the Ohio Psychological Association –MCE Program to offer continuing education for psychologists. Case Western Reserve University School of Medicine, provider #341645979, maintains responsibility for the program.

Nurses and Physician Assistants

The American Nurses Credentialing Center (ANCC) and the American Academy of Physician Assistants (AAPA) accept AMA PRA Category 1 Credits™ toward recertification requirements.

Social Workers

Credit for social workers has been requested. Determination of credit is pending.

Who Should Attend

This conference is intended for all healthcare providers with an interest in integrative medicine including, but not limited to, physicians, nurses, physician assistants, psychologists, social workers, acupuncturists, massage therapists, Reiki Masters and chiropractors.

For more information contact the Case Western Reserve University CME program at 216-983-1239, medcme@case.edu, or visit our website (<https://case.edu/medicine/cme/>)

REGISTRATION FORM

Registration includes tuition, educational materials, related meals and refreshments. Registrations are accepted on a space-available basis. Registration fees are refundable less a \$25 fee if cancellation is made prior to September 5, 2018. No refunds will be made after September 5.

Ways to Register

- 1. REGISTER** online at <https://bit.ly/2JLC5Ds>
- 2. MAIL** this completed form with a check payable to: *Case Western Reserve University* or your credit card information and send to:
Case Western Reserve University, CME Program
10524 Euclid Avenue, Cleveland, OH 44106-6026
- 3. FAX** this form with your credit card information to 216-201-6749.

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Tuition: \$95 / UH Licensed providers: No charge

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Dietary Restrictions:
