

# Advanced Heart Failure Clinic at Walnut Creek

[ucsfhealth.org/heartfailure](http://ucsfhealth.org/heartfailure)

Through a collaboration between John Muir Health and UCSF Health, patients with advanced heart failure have access to specialized care in Walnut Creek.



## INFORMATION FOR REFERRING PHYSICIANS

Physicians from UCSF's Advanced Heart Failure Comprehensive Care Center offer a clinic at John Muir Health's Heart Failure Program, providing comprehensive services including:

- Evaluations for advanced heart failure therapies
- Pre- and post-heart transplantation care
- Care of patients with ventricular assist devices

### When to refer a patient:

- Low ejection fraction (<30%)
- Worsening renal or liver dysfunction in the setting of heart failure
- Persistent NYHA Class III or IV symptoms and persistently high BNP (>500 pg/mL) or NT-proBNP (>1000 pg/mL)
- Recurrent appropriate defibrillator shocks
- More than two hospitalizations for heart failure exacerbation in the previous 12 months
- Persistent fluid overload and/or increasing diuretic requirement
- Persistently low blood pressure with systolic <100mmHg
- Inability to up-titrate or need to decrease guideline-directed heart failure medications
- Ongoing requirements for IV inotropes

Our goal is to diagnose patients as early as possible and provide advanced heart failure therapies to those who may benefit.

## REFERRALS

- **PHONE** (415) 502-4243 ■ **FAX** (415) 502-0243
- **EMAIL** [HeartFailure-NewReferrals@ucsf.edu](mailto:HeartFailure-NewReferrals@ucsf.edu)

**UCSF** Health

Advanced Heart Failure  
Comprehensive Care Center

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## HOW TO REFER A PATIENT

For questions, more information or to refer a patient, please call the Advanced Heart Failure Comprehensive Care Center (AHF CCC) at **(415) 502-4243**. You can fax a referral to **(415) 502-0243**. To download our referral form, visit [ucsfhealth.org/referral](https://ucsfhealth.org/referral).

For additional questions about referrals, please contact UCSF AHF CCC Ambulatory Clinic Supervisor Jessica Nguyen at [jessica.nguyen@ucsf.edu](mailto:jessica.nguyen@ucsf.edu) or (415) 203-3887.

## OUR TEAM

**Liviu Klein, MD, MS**

Cardiologist

Medical Director, Advanced Heart Failure Comprehensive Care Center

**Mandar A. Aras, MD, PhD**

Cardiologist

**Richard Cheng, MD**

Cardiologist

05.2023-WF199300

## LOCATIONS

### CLINIC ADDRESS:

John Muir Health Walnut Creek  
Outpatient Center  
1450 Treat Blvd., Suite 200  
Walnut Creek, CA 94597

### PHONE:

For referrals and new patient  
appointments: (415) 502-4243

### SCHEDULE:

Second Tuesday of each month from  
8:30 a.m. to 12:15 p.m.

### ADMINISTRATIVE ADDRESS:

UCSF Advanced Heart Failure  
Comprehensive Care Center  
400 Parnassus Ave., Fifth Floor  
San Francisco, CA 94143

**PHONE:** (415) 502-4243

**FAX:** (415) 502-0243

**ON-CALL PHYSICIAN PHONE:**  
(415) 514-8866



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