Diagnosing sarcoidosis is a challenging process. UCSF’s specialists are experts in diagnosing and treating this elusive chronic condition.

- Sarcoidosis is an immune disorder that causes granulomas in the lymph nodes. Early diagnosis is crucial, to minimize organ destruction and enhance long-term survival.
- Sarcoidosis may affect multiple organs, including the heart, eyes, nervous system, lungs and skin.

**PROGRAM FEATURES**

- Cross-specialty sarcoidosis management, including risk assessment, resulting in earlier diagnosis and rapid movement to treatments appropriate for the types of organs and systems involved
- One of the only integrated, multidisciplinary sarcoidosis treatment centers in Northern California
- Radiologists and pathologists with extensive experience in diagnosing sarcoidosis
- Aggressive management of all forms of sarcoidosis with steroid-sparing biologics or antimetabolite therapy, such as tumor necrosis factor (TNF)-alpha blockers and methotrexate — for more precise targeting of signaling pathways

*May affect multiple organs*
Comprehensive Sarcoidosis Management and Treatment

PROGRAM FEATURES (continued)

- Advanced imaging capabilities and related protocols, including the following:
  - Cardiac MRI and specific positron emission tomography (PET) protocol to test for active cardiac sarcoidosis and follow the response to treatment
  - Fluorescein angiography, fundus autofluorescence and optical coherence tomography for uveitis
  - Targeted heart biopsies using imaging and voltage guidance
  - State-of-the-art, minimally invasive lung biopsy techniques, including bronchoscopy with endobronchial ultrasound biopsies of lymph nodes
- Rapid, on-site pathological evaluation and interpretation
- Expertise in using treatment modalities that induce remission

WHY REFER TO UCSF?

- In-depth experience in diagnosing and managing sarcoidosis across multiple subspecialties, which facilitates referrals to other appropriate faculty and departments:
  - Three uveitis specialists
  - Experts in sarcoidosis and interstitial lung disease (ILD), and in neurological, cardiac and rheumatologic sarcoidosis
- High volume of sarcoidosis patients treated from Northern California and beyond, with telemedicine available for California residents
- Rapid access to care
- Access to advanced treatment modalities to enable tailored treatment of each patient’s comorbidities, such as the following:
  - Ventricular tachycardia ablation, including an epicardial approach
  - Advanced therapies for heart failure
  - Access to the UCSF Lung Transplant Program when lung disease is advanced
- Available to manage patients over long periods of time, including monitoring lab results and reviewing imaging studies.
- Educational programs for patients living with ILD
- Ongoing communication with the referring physician

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